Suicide Prevention, Healing, Wellness, Mindfulness and De-Escalation for Youth and Families

A *Culture as Prevention* training presented by **Maggie Steele**

Suicide can result from a perfect storm of circumstances. Although a storm cannot be stopped, it can be survived. This workshop explores wellness and healing strategies that address the trauma and anxiety that may contribute to suicide. Cultural stories and teachings will offer practical skills and examples for de-escalating challenging situations and shifting energy among children, youth, and families.

Monday, November 9th
12:00 - 2:00pm

Siskiyou County Office of Education
Siskiyou Room, Yreka

Come enjoy a complimentary lunch and let's learn more together!
No cost to participants.

RSVP Here
or call 530.918.7222

Rebecca "Maggie" Magdalena Escobedo-Steele (Apache/Chicana) is the founder of 7th Generation Warriors For Peace. With over 25 years of experience leading workshops and peacemaking initiatives nationwide, she is a Distinguished American Indian Educator, a California Wellness Foundation Community Fellow, and a recipient of the Southern California Chiefs of Probation award for conflict resolution excellence.

Siskiyou County Probation Department

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County of Siskiyou 18 52 California

CAPC Child Abuse Prevention Council of Siskiyou County

First 5 Siskiyou Children & Families Commission