Fiscal Year 2026 - 2027

LEARNING AND ADVANCEMENT

TRAINING EVENTS SCHEDULE

FIRST 5 Siskiyou
CHILDREN & FAMILIES COMMISSION

WED SEPT 30	**Using an Understanding of Brain Science for Intentional Responsiveness** Presented by Bob Lieberman, MA, LPC Siskiyou Family YMCA, Yreka | 11am - 2:30pm
WED OCT 14	**From Trapped to Triumphant: Recognizing Exploitation in the Digital Age** Presented by Rebecca Bender, MA Etna High School, Etna | 5:30pm - 7:15pm
THURS OCT 15	**Silencing Tactics: Trauma-Informed Strategies for Engaging Exploited Youth** Presented by Rebecca Bender, MA Weed Community Center | 12pm - 3pm
WED NOV 4	**Bridges Out of Poverty** Presented by Prudence Pease Weed Community Center | 9am - 3pm
MON NOV 9	**Suicide Prevention, Mindfulness and De-escalation Training: Supporting Youth Development through Coaching of Children, Teens & Families** Presented by Maggie Steele, BA Siskiyou County Office of Education (SCOE), Siskiyou Room, Yreka | 12pm - 2pm
TUES DEC 1	**Core Protective Factors of Resilience** Presented by Bob Lieberman, MA, LPC Siskiyou Family YMCA, Yreka | 11am - 2:30pm
WED FEB 3	**Relational Co-Regulation** Presented by Bob Lieberman, MA, LPC Virtual Presentation via Zoom | 11am - 2:30pm
THURS MAR 4	**The Science of Safety — Addressing the Neurobiology of Trauma and Preventing Burnout through Team Culture** Presented by Amy King, PhD Weed Community Center | 9am - 3pm
SAT MAR 6	**The Science of Safety — Addressing the Neurobiology of Trauma and Preventing Burnout through Team Culture (for ECE Providers & Teachers)** Presented by Amy King, PhD Siskiyou Family YMCA, Yreka | 9:30am - 1:30pm
WED APR 14	**Community Flourishing** Presented by Bob Lieberman, MA, LPC Siskiyou Family YMCA, Yreka | 11am - 2:30pm
WED JUN 2	**Vicarious Trauma and Compassion Satisfaction** Presented by Bob Lieberman, MA, LPC Virtual Presentation via Zoom | 11am - 2:30pm

County of Siskiyou 1852 California

Dignity Health
Mercy Medical Center
Mt. Shasta

CAPC CHILD ABUSE PREVENTION COUNCIL OF SISKIYOU COUNTY

Siskiyou County Office of Education

WOULD YOU LIKE TO PARTNER WITH US TO CO-SPONSOR THESE KEY PROFESSIONAL DEVELOPMENT OPPORTUNITIES?

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530.261.1297

Fiscal Year 2026 - 2027

LEARNING AND ADVANCEMENT

TRAINING EVENTS

SPECIAL GUEST SPEAKERS

BOB LIEBERMAN, MA, LPC

A published author and co-editor of two books on residential interventions, he trains statewide, nationally, and internationally, and maintains a counseling practice serving youth, adults, and families. Bob has received numerous awards for his decades of work on behalf of children and families and is a founder and former CEO of Kairos Northwest (formerly SOASTC). He has been a key leader in Southern Oregon Success and many regional initiatives supporting youth and families with mental and behavioral health challenges. Bob served ten years on the Oregon Commission on Children and Families and has held multiple state and national appointments.

He is a past President and former Public Policy Chair of the Association of Children's Residential and Community Services (ACRC) and a founder of the national Building Bridges Initiative. Bob is certified as a Master Trainer in NEAR Sciences and as a Collaborative Problem Solving® (CPS) Trainer through Massachusetts General Hospital.

REBECCA BENDER, MA

Rebecca is a social activist, thought leader, and consultant who equips professionals and organizations to identify and fight human trafficking. A TedX Speaker and published author, Rebecca was appointed to the U.S. National Advisory Council and regularly testifies as an expert witness in court. Her specialized trainings have equipped well over 148,000 professionals including FBI, Homeland Security, regional law enforcement, community leaders, and medical personnel. She is regularly called on to testify as a subject matter expert in trials across the country. A highly sought-after speaker, consultant, and nationally recognized authority, Rebecca is passionate about seeing people transform their lives so they can change the world

PRUDENCE PEASE

Prudence Pease is a Vermont leader whose career has been devoted to strengthening families and communities. A certified *Bridges Out of Poverty* facilitator, she has trained more than 5,000 professionals across sectors, drawing on her own powerful journey from welfare mom to elected judicial officer. Prudence has served as a Community Coordinator, peer navigator, and Family Support Specialist, and was elected Senior Assistant Judge of Orange County, where she presided over small claims, family,and traffic court. A graduate of the Vermont Leadership Institute, she is a sought-after speaker and trainer who currently partners with United Way of Chittenden County and aha! Process.

MAGGIE STEELE, BA

Rebecca "Maggie" Magdalena Escobedo-Steele (Apache/Chicana) is the founder of 7th Generation Warriors For Peace, an organization focused on preventing community and family violence, addiction, and suicide through cultural healing and empowerment. With over 25 years of experience, she has led workshops and peacemaking initiatives throughout the US. A recognized expert, Maggie is a Distinguished American Indian Educator, a California Wellness Foundation Community Fellow, and a recipient of the Southern California Chiefs of Probation award for excellence in conflict resolution.

AMY KING, PHD

Dr. Amy King is a licensed psychologist, and her work has always centered on one core belief: *We must put tools for behavioral health intervention in the hands of frontline professionals.*

Over the past decade, she's partnered with organizations across the country—from healthcare systems to early childhood programs—to train professionals in trauma-informed, resilience-centered care. What became clear is this: *The need is bigger than any one person.*

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LEARNING AND ADVANCEMENT

TRAINING EVENTS - BRIEF DESCRIPTIONS

WED SEPT 30	**Presented by Bob Lieberman, MA, LPC** **Using an Understanding of Brain Science for Intentional Responsiveness** This session will start with an interactive exercise focused on defining the shapes and sizes of trauma. It will then provide an overview of neurodevelopmental principles and phenomena to generate a common language for understanding and responding to the impact of overwhelming stress and trauma.
TUES DEC 1	**Core Protective Factors of Resilience** This session will review the researched core protective factors of resilience, connecting them with neurobiological phenomena discussed in the first session. Interactive exercises will help learners recognize the simple things that they already do that promote resilience, with particular emphasis on fostering attachment and belonging.
WED FEB 3	**Relational Co-Regulation** This session will focus on developing self-regulation, an individual capability central to the core protective factors of resilience. Routes of self-regulation will be discussed, and relational co-regulation will be introduced as an approach to helping someone learn self-regulation. A dyadic exercise will provide an opportunity to practice relational co-regulation.
WED APR 14	**Community Flourishing** This session will focus on community as a core factor of resilience. Recent research on creating flourishing communities will be presented, with interactive exercises to provide experiential moments of community for the audience.
WED JUN 2	**Vicarious Trauma and Compassion Satisfaction** This session will provide an overview of vicarious trauma and compassion fatigue, and how they can confound our capacity for resilience. Compassion satisfaction will be discussed, with exercises designed to remind the audience to focus on those moments when the work is rewarding as a way to mitigate compassion fatigue.
WED OCT 14 & THURS OCT 15	**Presented by Rebecca Bender, MA** **Trauma-Informed Strategies for Recognizing and Engaging Exploited Youth** Join us for two powerful trainings with Rebecca Bender, a nationally recognized expert and survivor-leader in the field of human trafficking. Her sessions provide a clear, practical understanding of how trafficking really happens, the vulnerabilities traffickers exploit, and the warning signs communities often miss. Through real-world insights and survivor-informed strategies, participants learn how to identify risk, respond appropriately, and strengthen safety for youth and families. These trainings equip professionals and community members with tools to prevent exploitation and support survivors with dignity and care.
WED NOV 4	**Presented by Prudence Pease** **Bridges Out of Poverty** Back by popular demand… Overview of the initial training and build on current knowledge the training will dive deeper into practical strategies that strengthen relationships, reduce barriers, and support long-term stability for families. This interactive session explores how the hidden rules of economic class shape communication and engagement, and offers tools to create more responsive, respectful, and effective services. Participants leave with real-world strategies to help individuals and communities thrive.
MON NOV 9	**Presented by Maggie Steele, BA** **Suicide Prevention, Mindfulness and De-escalation Training:** **Supporting Youth Development through Coaching of Children, Teens & Families**
THURS MAR 4 & SAT MAR 6	**Presented by Amy King, PhD** **The Science of Safety — Addressing the Neurobiology of Trauma and Preventing Burnout through Team Culture** **Saturday's session will be specifically for Teachers and Early Childhood Educators.** These sessions will explore strategies for self-care and burnout prevention, then transition to the CLARITY model, exploring complex behavior through a trauma-responsive lens.