

ParentPowered is a program of First 5 Siskiyou with funding support from Siskiyou Behavioral Health, Mental Health Services Act

Research shows that 74% of student academic performance is based on what's happening outside the school walls.¹ This is why **family engagement is key to improving academic outcomes** for students.

"They've helped me feel like a better and more confident parent for my children and they've helped strengthen my relationship with them!"
—Parent of a 4th Grader

In the 2024-25 school year, First 5 Siskiyou engaged the families of

803 children

with ways to support learning and development at home.

"...Every parent/child relationship can benefit from these small reminders and prompts."
—Parent of a 2nd Grader

Each year, **your families receive over 100 easy to-do activities** that support areas like:



Resilience



Family Wellbeing



Math & Science



Language & Literacy



Executive Functioning



Social Emotional Skills



Problem-Solving



College & Career Readiness



Strong Attendance



Positive Sense of Self

Together, we're making a difference!



"Learning new information about how to parent at a specific age"

-Siskiyou Parent

100%

of your families said that ParentPowered texts help them to feel supported.



"[These texts have helped my child] with play and patience."

-Siskiyou Parent

100%

of your families read ParentPowered texts when they receive them.



"Reminders of things to do with my grandchild, like count by 10s!"

-Siskiyou Parent

100%

of your families said that ParentPowered has helped their children learn and grow.

You've helped families access **critical resources** through a Community Support Stream. Topics include:



Food Access



Housing



Healthcare



Mental Health



And other essential supports

"If I need any help or support I know where to go or who to turn to.."
—Parent of a 5th Grader

Your families' most clicked resources:

1

<https://affordablehousingonline.com/housing-authority/California/Shasta-County-Housing-Authority/CA096>

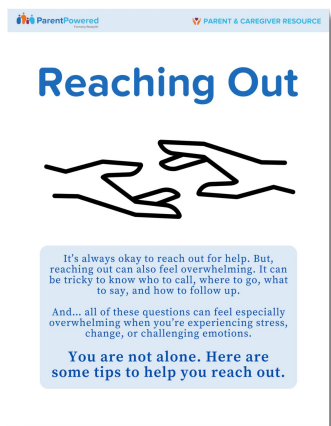
2

https://s3.parentpowered.com/css/pdfs/lets_talk_en.pdf

3

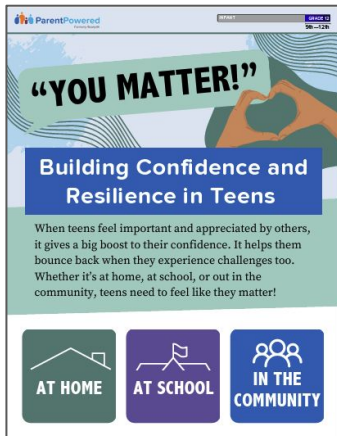
<https://www.acf.hhs.gov/ofa/map/about/help-families>

Families have also received resources to help them navigate systems and access supports:



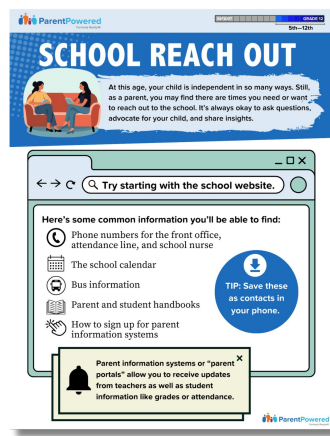
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