



Mission: Siskiyou Strengthening Families Collaborative partners work together to provide locally-accessible, evidence-based parenting education classes, workshops and family support programs in a culturally inclusive, family-centered environment.

Vision: Family participation in parenting education classes is a stigma free community norm.

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**First 5 Siskiyou Children
& Families Commission**

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PROGRAMMING OVERVIEW

ACTIVITY	DESCRIPTION	2024-2025 TOTAL	CUMULATIVE TOTAL *
OPEC Funded Parenting Education Series	Parenting Series Completed	9	136
	Parenting Classes	68	1372
	Parents Attended At Least One Class	100	*
	Parents Attended—Average	60	945
	Parents Attended 70% or More	48	796
	Children/Youth Attended	79	812
	Contact Opportunities (parents & youth)	1,124	17,115
Other Parenting Education Series	Parenting Series Completed	1	108
	Parenting Classes	12	1,196
	Parents Attended At Least One Class	17	*
	Parents Attended—Average	8	752
	Parents Attended 70% or More	5	575
	Children/Youth Attended	7	377
	Contact Opportunities (parents & youth)	180	12,066
Parent Workshops	Number of Sessions	73	812
	Parents Attended	653	8,268
	Children/Youth Attended	348	5,140
Parent Support Activities	Number of Sessions	144	5,541
	Parents Attended	779	16,043
	Children/Youth Attended	1,129	20,986
Home Visits	Number of Home Visits	0	0
	Total New Families	0	0
	Total New Children	0	0
Family Activities	Number of Activities	30	835
	People Attended	13,355	95,866

*Cumulative totals from 2011-2025; *Parents Attended At Least One Class* was a new field in 2015-2016, therefore cumulative results not available.



OREGON
PARENTING
EDUCATION
COLLABORATIVE

THE COLLINS FOUNDATION
THE FORD FAMILY FOUNDATION
MEYER MEMORIAL TRUST
THE OREGON COMMUNITY FOUNDATION
OREGON STATE UNIVERSITY

www.first5siskiyou.org

TALK, READ, SING, PLAY, EVERYDAY!

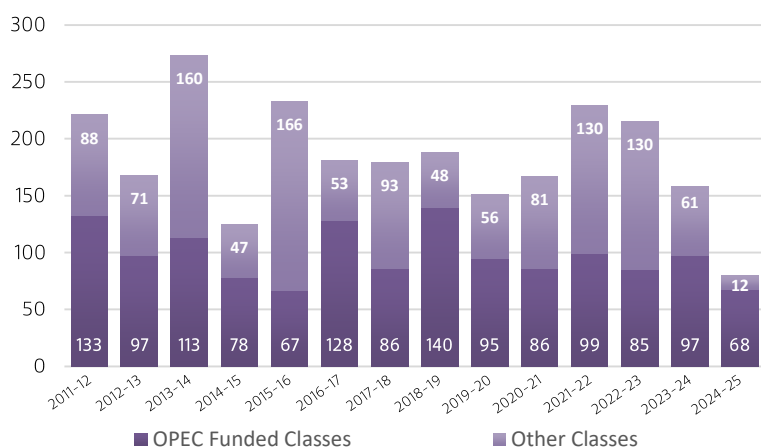
FIRST 5
Siskiyou
CHILDREN & FAMILIES COMMISSION



SERIES & FAMILY PROGRAMS

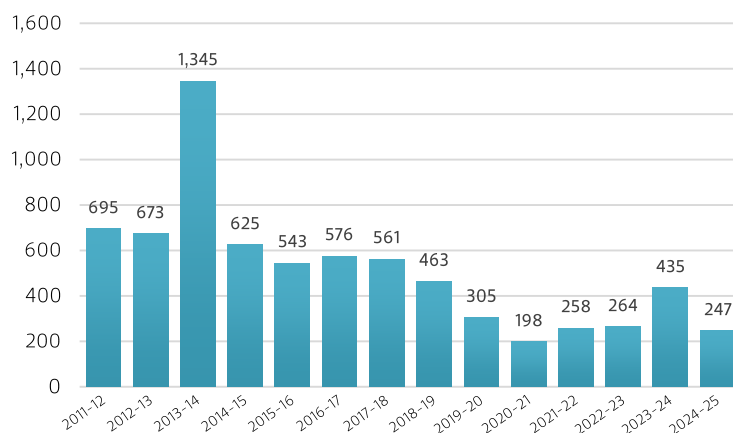
PARENTING EDUCATION SERIES

[NUMBER OF CLASSES]



FAMILY PROGRAMS

[WORKSHOPS, PARENT SUPPORT ACTIVITIES,
AND FAMILY ACTIVITIES]

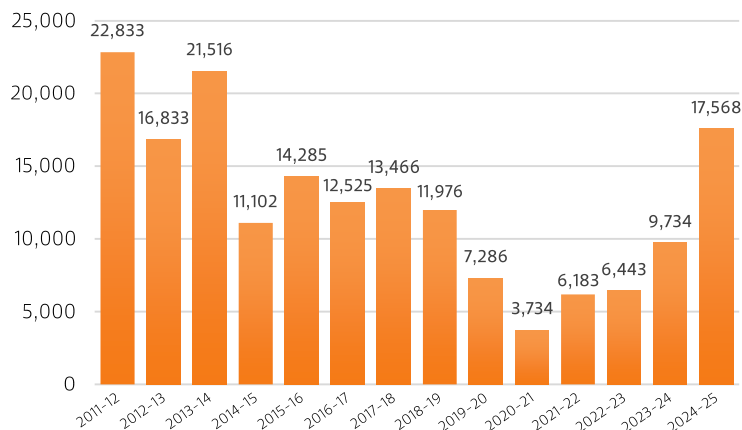


TOTAL CONTACTS

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Total Contacts includes parents and youth contacted during all parenting education series, parents and youth who attended workshops, parents and youth who attended parent support activities, and people who attended family activities.





ORGANIZATIONAL CAPACITY OVERVIEW

ACTIVITY	DESCRIPTION	2024-2025 TOTAL	CUMULATIVE TOTAL*
Facilitators Trained in Curricula	OPEC Facilitators Trained	3	182
	Other Facilitators Trained	0	43
Funds Leveraged	Funds Leveraged	\$311,307	\$2,775,129
	In-Kind Leveraged	\$10,900	\$2,679,204
	Total Leveraged	\$322,207	\$5,454,333
Advisory Meetings	Number of Meetings	93	495
Professional Development	Professional Development Sessions for Facilitators	4	160
	Professional Development Sessions for OPEC Staff	8	214
Programs with Schools	Programs Held in School Facilities	157	1,995
	Additional Programs in Collaboration with Schools	24	351

*Cumulative totals from 2011-2025.



DEMOGRAPHICS

OF FAMILIES COMPLETING EVALUATIONS FOR PARENTING SERIES AND WORKSHOPS

GENDER
76% Women
21% Men
<1% Self-described
2% Did not specify
RACE/ETHNICITY
63% White/Caucasian
15% Hispanic/Latino
2% Black/African American
1% Asian/Pacific Islander
13% Native American
6% Other/Did not specify

517
parents

630
children

CHILDREN
1-18 Age range
10 Average age
18% Age 0-6 years
2 Children per family
COUNTY
100% Siskiyou County

PARENT AGE
13-82 Age range
42 Average age
PARENTING STYLE
59% With partner
28% By themselves
2% With a relative
11% Did not specify
LOW INCOME STATUS
56% Use at least one resource for low income families (WIC, OHP, SNAP/TANF, Free/Reduced Lunch)



PARENT & CHILD SKILLS

PARENTING SKILLS

	BEFORE PARTICIPATION	AFTER PARTICIPATION
Know normal behavior for my child(ren)'s age level	3.5	4.9***
Show my child(ren) love and affection frequently	4.7	5.7***
Listen to my child(ren) to understand their feelings	3.6	5.3***
Help my child(ren) feel good about themselves	4.2	5.5***
Set and stick to reasonable limits and rules	3.0	4.8***
Know fun activities to help my child(ren) learn	3.3	4.8***
Find positive ways to guide and discipline my child(ren)	3.2	5.0***
Play with my child(ren) frequently	3.6	5.0***
Protect my child(ren) from unsafe conditions	5.0	5.7***
Talk with other parents to share experiences	3.1	4.6***
Deal with the day-to-day stresses of parenting	3.3	4.9***
Understand my goals and values as a parent	3.6	5.1***



The retrospective t-test design revealed **significant improvement in parenting skills on starred items.**

CHILD SKILLS

	BEFORE PARTICIPATION	AFTER PARTICIPATION
Shows concern for others	3.4	4.5***
Willing to follow limits and rules	2.8	4.2***
Gets along with others	3.7	4.9***



The retrospective t-test design revealed **significant improvement in child skills on starred items.**

Note: Dependent t-tests were used to calculate significance levels. ***Significant results indicate child skills improved after the parenting education series, $p < 0.05$. $N = 50$.



PARENT SATISFACTION

PARENTING EDUCATION SERIES

100%

of parents reported that the class series was somewhat or very helpful

100%

of parents reported they would recommend the class series to others

PARENTING WORKSHOPS

98%

of parents reported that the workshop was somewhat or very helpful

96%

of parents reported that they would use the information from the workshop



QUOTES

FROM PROGRAM PARTICIPANTS



I have more patience in dealing with my son.



I am more self aware of my actions and reactions to challenging moments in parenting.



Improved social skills, and communication skills.



They feel they have a voice at home.



[De la clase] me gusto que cada persona tiene sus reglas y es bueno coincidir con balance entre padres-hijos. ([From the class], I liked that each person has their own rules and that it is beneficial to achieve a balance between parents and children.)