



Get free expert postpartum support and breastfeeding guidance in a supportive setting.

For mothers with babies in arms up to age 1.

Infant scale available for weight checks.

Come join the circle and connect with other mothers.

WHEN: 2nd & 4th Mondays

TIME: 10:00 - 11:30AM

WHERE: Choices Yreka
409 N Main Street
Yreka, CA 96097
530-331-3762

No cost to Participants
Snacks/Cookies Provided

Childcare provided
For siblings under age 3

Group facilitated by Chelsy Marriott, IBCLC, PMH-C, CD(DONA). Chelsy is a lactation consultant, certified in perinatal mental health, and a doula. She has a Bachelor's degree in child development and has four young children of her own.