

# Evaluation Data Book

Fiscal Year 2024-2025



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# Clients Served, by Program (AR-1)

| AR-1 Report                           |                                                                       |                 |                        |            |
|---------------------------------------|-----------------------------------------------------------------------|-----------------|------------------------|------------|
| Goal                                  | Program Title                                                         | Children<br>0-5 | Parents/<br>Caregivers | Providers  |
| <b>Resilient Families</b>             |                                                                       |                 |                        |            |
|                                       | Happy Camp Community Center                                           | 8               | 12                     |            |
|                                       | Family Fun Events                                                     | 1,186           | 610                    |            |
|                                       | Parent Powered (Ready4K)                                              | 803             | 803                    |            |
|                                       | Parenting (OPEC)                                                      | 348             | 653                    |            |
|                                       | Kit for New Parents                                                   | 197             | 197                    |            |
|                                       | Welcome Home Baby                                                     | 13              | 13                     |            |
| <b>Quality Early Learning</b>         |                                                                       |                 |                        |            |
|                                       | Quality Counts Siskiyou                                               | 239             |                        | 46         |
|                                       | Kindergarten Readiness (Fall 2024)                                    | 346             | 346                    |            |
|                                       | Playgroups                                                            | 269             | 191                    | 2          |
|                                       | Dolly Parton's Imagination Library                                    | 1,452           | 1,452                  |            |
|                                       | Family Literacy Promotion                                             | 198             | 10                     |            |
| <b>Child Health &amp; Development</b> |                                                                       |                 |                        |            |
|                                       | Nutrition Education and Health Access                                 | 295             | 329                    |            |
|                                       | Help Me Grow                                                          | 231             | 231                    |            |
| <b>Strong Systems</b>                 |                                                                       |                 |                        |            |
|                                       | Siskiyou Home Visitation Systems Coordination                         | N/A             | N/A                    | 26         |
|                                       | Siskiyou Professional Development Partnership                         | N/A             | N/A                    | 384        |
|                                       | Child Abuse Prevention Council / Strengthening Families Collaborative | N/A             | N/A                    | 102        |
| <b>Total (Duplicated)</b>             |                                                                       | <b>5,585</b>    | <b>4,847</b>           | <b>560</b> |

Source: AR-1 Report, 2024-25.

# Clients Served by Demographic (AR-2)

| AR-2 Report                                     |              |           |
|-------------------------------------------------|--------------|-----------|
| Indicator                                       | Number       | Percent * |
| <b>Children Served by First 5, by Ethnicity</b> |              |           |
| American Indian/Alaska Native                   | 80           | 6%        |
| Asian                                           | 22           | 2%        |
| Black                                           | 43           | 3%        |
| Hispanic/Latino                                 | 235          | 18%       |
| Native Hawaiian/Pacific Islander                | 2            | 0%        |
| White                                           | 683          | 53%       |
| 2 or more                                       | 218          | 17%       |
| Other                                           | 12           | 1%        |
| Unknown                                         | 4,290        |           |
| <b>Total</b>                                    | <b>5,585</b> |           |
| <b>Parents/ Caregivers Served, by Ethnicity</b> |              |           |
| American Indian/Alaska Native                   | 98           | 8%        |
| Asian                                           | 49           | 4%        |
| Black                                           | 15           | 1%        |
| Hispanic/Latino                                 | 346          | 29%       |
| Native Hawaiian/Pacific Islander                | -            | 0%        |
| White                                           | 600          | 50%       |
| 2 or more                                       | 50           | 4%        |
| Other                                           | 41           | 3%        |
| Unknown                                         | 3,648        |           |
| <b>Total</b>                                    | <b>4,847</b> |           |
| <b>Parents/ Caregivers Served, by Language</b>  |              |           |
| English                                         | 363          | 54%       |
| Spanish                                         | 282          | 42%       |
| Cantonese                                       | -            |           |
| Mandarin                                        | -            |           |
| Vietnamese                                      | -            |           |
| Korean                                          | -            |           |
| Other                                           | 32           | 5%        |
| Unknown                                         | 4,170        |           |
| <b>Total</b>                                    | <b>4,847</b> |           |

Source: AR-2 Report, 2024-25.

\*Percentages calculated amongst those for whom data were available; excludes “unknown.”

# Goal 1: Resilient Families

## Profile of Families

| Indicator                                                                   | FY 2024-25 | Source                                            |
|-----------------------------------------------------------------------------|------------|---------------------------------------------------|
| <b>Countywide Trends</b>                                                    |            |                                                   |
| Percent of children 0-5 living in poverty                                   |            |                                                   |
| Siskiyou County                                                             | 23.0%      | US Census Bureau (2023)                           |
| State of California                                                         | 15.1%      |                                                   |
| Rate of child maltreatment allegations among children 0-5 per 1000 children |            |                                                   |
| Siskiyou County                                                             | 104.3      | California Child Welfare Indicator Project (2024) |
| State of California                                                         | 46.0       |                                                   |

## Kit for New Parents

| Delivered by: First 5 Siskiyou in collaboration with First 5 California |            |                                                                   |
|-------------------------------------------------------------------------|------------|-------------------------------------------------------------------|
| Indicator                                                               | FY 2024-25 | Source                                                            |
| <b>Reach</b>                                                            |            |                                                                   |
| Number of unique children (0-2) served                                  | 197        | First 5 Siskiyou AR1 Report (2024-25).                            |
| Number of unique children (3-5) served                                  | 0          |                                                                   |
| Number of unique parents/caregivers served                              | 197        |                                                                   |
| <b>Impact</b>                                                           |            |                                                                   |
| Number of kits delivered to new parents at Fairchild Medical Center     | 144        | First 5 Siskiyou Administrative Records (2024-25).                |
| Number of kits delivered in English                                     | 182        | Kit for New Parents Services and Events Apricot Report (2024-25). |
| Number of kits delivered in Spanish                                     | 15         |                                                                   |

# Parent Powered (Ready4K)

Delivered by: First 5 Siskiyou

| Indicator                                                                                                 | FY 2024-25 | Source                                                   |
|-----------------------------------------------------------------------------------------------------------|------------|----------------------------------------------------------|
| Reach                                                                                                     |            |                                                          |
| Number of unique children (0-5) served                                                                    | 803        | First 5 Siskiyou AR1 Report (2024-25).                   |
| Number of unique parents/caregivers served                                                                | 803        |                                                          |
| Impact                                                                                                    |            |                                                          |
| Percentage of surveyed families who said they read the texts when they received them                      | 100%       | First 5 Siskiyou Parent Powered Impact Report (2024-25). |
| Percentage of surveyed families who said that ParentPowered texts help them to feel supported             | 100%       |                                                          |
| Percentage of surveyed families who said that ParentPowered has helped their child(ren) learn and grow    | 100%       |                                                          |
| Stories and Vignettes                                                                                     |            |                                                          |
| “[I like] learning new information about how to parent at a specific age.” - Siskiyou County Parent       |            |                                                          |
| “[I like] reminders of things to do with my grandchild, like count by 10s!” - Siskiyou County Grandparent |            |                                                          |
| "[These texts have helped my child] with play and patience.” - Siskiyou County Parent                     |            |                                                          |

# Family Fun Events

Delivered by: First 5 Siskiyou

| Indicator                                                          | FY 2024-25   | Source                                                          |
|--------------------------------------------------------------------|--------------|-----------------------------------------------------------------|
| <b>Reach</b>                                                       |              |                                                                 |
| Number of unique children (0-5) served                             | <b>1,186</b> | First 5 Siskiyou AR1 Report (2024-25).                          |
| Number of unique parents/caregivers served                         | <b>610</b>   |                                                                 |
| <b>Impact</b>                                                      |              |                                                                 |
| Number of First 5 Siskiyou funded/co-funded family fun events held | <b>45</b>    | Family Fun Events Services and Events Apricot Report (2024-25). |

# Parenting (OPEC)

Delivered by: First 5 Siskiyou

| Indicator                                                                                                                                                                                                           | FY 2024-25 | Source                                         |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|------------------------------------------------|
| <b>Reach</b>                                                                                                                                                                                                        |            |                                                |
| Number of unique children (0-5) served                                                                                                                                                                              | 348        | First 5 Siskiyou AR1 Report (2024-25).         |
| Number of unique parents/caregivers served                                                                                                                                                                          | 653        |                                                |
| Number of unique providers served                                                                                                                                                                                   | 2          |                                                |
| <b>Impact</b>                                                                                                                                                                                                       |            |                                                |
| Number of evidence-based parenting series offered (funded series completed)                                                                                                                                         | 9          | OSU Parenting Workshops Ladder Report 2024-25. |
| Number of OPEC parenting classes held across the series                                                                                                                                                             | 68         |                                                |
| Number of other parenting education series classes                                                                                                                                                                  | 12         |                                                |
| Parent Workshops number of sessions                                                                                                                                                                                 | 73         |                                                |
| Number of parents/caregivers with children ages 0-5 who attended at least one class                                                                                                                                 | 117        |                                                |
| Average improvement in parenting skills among participants in evidence-based parenting series (pre-post survey scores)                                                                                              |            |                                                |
| Parenting Skill                                                                                                                                                                                                     | N = 50     |                                                |
| Know normal behavior for my child(ren)'s age level                                                                                                                                                                  | 3.5 → 4.9  |                                                |
| Show my child(ren) love and affection frequently                                                                                                                                                                    | 4.7 → 5.7  |                                                |
| Listen to my child(ren) to understand their feelings                                                                                                                                                                | 3.6 → 5.3  |                                                |
| Help my child(ren) feel good about themselves                                                                                                                                                                       | 4.2 → 5.5  |                                                |
| Set and stick to reasonable limits and rules                                                                                                                                                                        | 3.0 → 4.8  |                                                |
| Know fun activities to help my child(ren) learn                                                                                                                                                                     | 3.3 → 4.8  |                                                |
| Find positive ways to guide and discipline my child(ren)                                                                                                                                                            | 3.2 → 5.0  |                                                |
| Play with my child(ren) frequently                                                                                                                                                                                  | 3.6 → 5.0  |                                                |
| Protect my child(ren) from unsafe conditions                                                                                                                                                                        | 5.0 → 5.7  |                                                |
| Talk with other parents to share experiences                                                                                                                                                                        | 3.1 → 4.6  |                                                |
| Deal with the day-to-day stresses of parenting                                                                                                                                                                      | 3.3 → 4.9  |                                                |
| Understand my goals and values as a parent                                                                                                                                                                          | 3.6 → 5.1  |                                                |
| Child Skill                                                                                                                                                                                                         | N = 50     |                                                |
| Shows concern for others                                                                                                                                                                                            | 3.4 → 4.5  |                                                |
| Willing to follow limits and rules                                                                                                                                                                                  | 2.8 → 4.2  |                                                |
| Gets along with others                                                                                                                                                                                              | 3.7 → 4.9  |                                                |
| <b>Stories and Vignettes</b>                                                                                                                                                                                        |            |                                                |
| <p><b>“I have more patience in dealing with my son.”</b><br/>- Parent Participant</p> <p><b>“I am more self-aware of my actions and reactions to challenging moments in parenting.”</b><br/>-Parent Participant</p> |            |                                                |

Note: Change in parenting and child pre-post scores significant for all skills ( $p < .05$ ).

# Happy Camp Community Center

Delivered by: Happy Camp Community Center

| Indicator                                                              | FY 2024-25 | Source                                                         |
|------------------------------------------------------------------------|------------|----------------------------------------------------------------|
| <b>Reach</b>                                                           |            |                                                                |
| Number of unique children (0-5) served                                 | 8          | First 5 Siskiyou AR1 Report (2024-25).                         |
| Number of unique parents/caregivers served                             | 12         |                                                                |
| <b>Impact</b>                                                          |            |                                                                |
| Number of individual resources and referral services provided, by type |            | First 5 Siskiyou Services and Events Apricot Report (2024-25). |
| Basic needs, parenting and family supports                             | 8          |                                                                |
| Community supports                                                     | 1          |                                                                |
| Nutrition health and development                                       | 10         |                                                                |
| Quality early learning                                                 | 8          |                                                                |

# Welcome Home, Baby!

Delivered by: First 5 Siskiyou, in Partnership with Siskiyou Public Health

| Indicator                                                           | FY 2024-25 | Source                                               |
|---------------------------------------------------------------------|------------|------------------------------------------------------|
| <b>Reach</b>                                                        |            |                                                      |
| Number of unique children (0-3) served                              | 13         | First 5 Siskiyou AR1 Report (2024-25).               |
| Number of unique parents/caregivers served                          | 13         |                                                      |
| <b>Impact</b>                                                       |            |                                                      |
| Number of newly enrolled mothers, by ethnicity                      | N = 8      | Welcome Home, Baby! Performance Dashboard (2024-25). |
| White                                                               | 7          |                                                      |
| Latino                                                              | 1          |                                                      |
| Number of newly enrolled mothers, by language                       | N = 8      |                                                      |
| English                                                             | 8          |                                                      |
| Number of newly enrolled infants, by ethnicity                      | N = 8      |                                                      |
| White                                                               | 7          |                                                      |
| Latino                                                              | 1          |                                                      |
| Number of newly enrolled infants, by language                       | N = 8      |                                                      |
| English                                                             | 8          |                                                      |
| Maternal Screening Results and Referrals                            |            |                                                      |
| Number of mothers administered the Edinburgh Depression Screen      | 9          |                                                      |
| Number of mothers identified and referred for postpartum depression | 0          |                                                      |
| Home Visitation Contacts                                            |            |                                                      |
| Total number of home visitation contacts                            | 19         |                                                      |
| Average number of home visitation contacts per mother               | 1.9        |                                                      |

## Delivered by: First 5 Siskiyou, in Partnership with Siskiyou Public Health

| Indicator                                                                         | FY 2024-25 | Source |
|-----------------------------------------------------------------------------------|------------|--------|
| Resource and Referrals                                                            |            |        |
| Number of referrals provided to families for Family/Community Resource Center     | 9          |        |
| Number of referrals provided to families for the Dolly Parton Imagination Library | 9          |        |
| Number of Kits for New Parents distributed during home visits                     | 8          |        |
| Number of books distributed during home visits                                    | 9          |        |
| Breastfeeding status (hospital discharge → 6-month follow up)                     |            |        |
| Number of mothers who exclusively breastfed their infants                         | 13 → 9     |        |
| Number of mothers who fed their infants breastmilk via breast or bottle           | 2 → 5      |        |
| Number of mothers who used a combination of formula and breastfeeding             | 2 → 2      |        |

### Stories and Vignettes

Throughout the year, families continued to benefit from compassionate, hands-on lactation and newborn feeding support. One mother who previously struggled with low milk supply reached out before the birth of her second baby, and with consistent guidance, a hospital-grade pump, and tailored feeding strategies, she was ultimately able to provide all her infant's nutritional needs with breastmilk, an achievement she once feared was impossible. Another family, who had experienced significant breastfeeding complications with their first child, proactively sought support during their second baby's arrival; the skills and knowledge they gained previously helped them begin this feeding journey with confidence, avoiding the challenges they faced the first time. A third parent reported that, after a single home visit, her baby continued to exclusively breastfeed at six months and was still breastfeeding at one year, expressing deep gratitude for the Welcome Home Baby program and a desire to share a positive review. Collectively, these stories highlight how early, personalized support empowers families, strengthens feeding success, and fosters long-term confidence in nurturing their infants.

# Goal 2: Quality Early Learning

## Profile of Families

| Indicator                                                                                                        | FY 2024-25 | Source                                                                                               |
|------------------------------------------------------------------------------------------------------------------|------------|------------------------------------------------------------------------------------------------------|
| <b>Countywide Trends</b>                                                                                         |            |                                                                                                      |
| Percentage of children 3-4 enrolled in preschool                                                                 |            | US Census ACS - 5-year estimates. ACS Table DP05. (2023).                                            |
| Siskiyou County                                                                                                  | 34.5%      |                                                                                                      |
| State of California                                                                                              | 44.3%      |                                                                                                      |
| Percentage of third grade students meeting or exceeding grade-level reading standards based on state assessments |            | California Assessment of Student Performance and Progress (CAASPP). English Language Arts (2024-25). |
| Siskiyou County                                                                                                  | 31.6%      |                                                                                                      |
| State of California                                                                                              | 44.2%      |                                                                                                      |

## Playgroups

| Delivered by: First 5 Siskiyou                     |            |                                                          |
|----------------------------------------------------|------------|----------------------------------------------------------|
| Indicator                                          | FY 2024-25 | Source                                                   |
| Reach                                              |            |                                                          |
| Number of unique children (0-5) served             | 269        | First 5 Siskiyou AR1 Report (2024-25).                   |
| Number of unique parents/caregivers served         | 191        |                                                          |
| Number of unique providers served                  | 2          |                                                          |
| Impact                                             |            |                                                          |
| Number of duplicated children and parents, by Site |            | Playgroups Services and Events Apricot Report (2024-25). |
| Dunsmuir                                           | 421        |                                                          |
| Happy Camp                                         | 129        |                                                          |
| Mt. Shasta                                         | 1,032      |                                                          |
| Weed                                               | 181        |                                                          |
| Yreka                                              | 231        |                                                          |
| Total child participation across all Sites         | 1,994      |                                                          |
| Number of playgroup sessions held                  | 158        |                                                          |

# Quality Counts Siskiyou

Delivered by: First 5 Siskiyou

| Indicator                                                                          | FY 2024-25    | Source                                               |
|------------------------------------------------------------------------------------|---------------|------------------------------------------------------|
| <b>Reach</b>                                                                       |               |                                                      |
| Number of unique children (0-5) served                                             | <b>239</b>    | First 5 Siskiyou AR1 Report (2024-25).               |
| Number of unique providers served                                                  | <b>46</b>     |                                                      |
| <b>Impact</b>                                                                      |               |                                                      |
| Number of programs participating in Quality Counts Siskiyou, by type               | <b>N = 22</b> | IMPACT Services and Events Apricot Report (2024-25). |
| Licensed classrooms                                                                | <b>10</b>     |                                                      |
| Licensed family child care homes                                                   | <b>8</b>      |                                                      |
| Alternative sites (e.g., home visiting programs, playgroups)                       | <b>4</b>      |                                                      |
| Number of participating sites that have received a QRIS quality rating             | <b>8</b>      |                                                      |
| Percentage of rated sites that meet high-quality standards (QRIS rating of 4 or 5) | <b>99%</b>    |                                                      |

## Stories and Vignettes

Testimonial from Quality Counts Participant:

**“I am a childcare provider in Greenview, California and have proudly participated in the Siskiyou First 5 Quality Counts program for the past four years. Being part of this program has been truly transformational for both my professional growth and the quality of care I provide.**

**Through professional development opportunities, coaching support, and valuable incentives, the Quality Counts program has strengthened my skills and helped me continuously improve my program. My coach has offered encouragement, guidance, and practical strategies that have elevated the learning environment I offer to the children and families I serve.**

**While participation in the Quality Counts program is voluntary, I truly believe no provider should pass up this opportunity. Quality Counts equips childcare providers with the tools, training, and confidence needed to deliver high-quality early learning experiences – which are critical for children’s lifelong success.**

**High-quality care lays the foundation for strong, resilient, and capable future leaders. Thanks to First 5 Siskiyou Quality Counts, I am proud to say my program not only meets but exceeds the standards for nurturing children’s emotional, physical, and cognitive development.**

**If you are a provider considering joining, know this: participating in Quality Counts isn’t just about meeting standards – it’s about making a lasting impact in the lives of children and families in our community.”**

**-Pamela Rocha, First 5 Siskiyou Quality Counts participant**

# Dolly Parton's Imagination Library

Delivered by: First 5 Siskiyou

| Indicator                                                                                                                                                                                                                                                                                                                          | FY 2024-25 | Source                                 |  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------------------------------------|--|
| Reach                                                                                                                                                                                                                                                                                                                              |            |                                        |  |
| Number of unique children (0-5) served                                                                                                                                                                                                                                                                                             | 1,452      | First 5 Siskiyou AR1 Report (2024-25). |  |
| Number of unique parents/caregivers served                                                                                                                                                                                                                                                                                         | 1,452      |                                        |  |
| Impact                                                                                                                                                                                                                                                                                                                             |            |                                        |  |
| Total number of books distributed                                                                                                                                                                                                                                                                                                  | 13,809     | DPIL Enrollment Report (2024-25).      |  |
| Percentage of caregivers responding <i>Sometimes</i> or <i>Always</i> to statements about their child since joining the Dolly Parton Imagination Library, by age group                                                                                                                                                             | N = 141    | DPIL Survey (2024-25).                 |  |
| Infants (Under 1 year old)                                                                                                                                                                                                                                                                                                         | N = 28     |                                        |  |
| My baby seems more engaged when I read books to him/her                                                                                                                                                                                                                                                                            | 100%       |                                        |  |
| My baby enjoys exploring and playing with baby books more                                                                                                                                                                                                                                                                          | 100%       |                                        |  |
| My baby shows more excitement when we have reading time together                                                                                                                                                                                                                                                                   | 96%        |                                        |  |
| Toddlers (2-3 years old)                                                                                                                                                                                                                                                                                                           | N = 61     |                                        |  |
| My toddler looks and points at the pictures in the books more often                                                                                                                                                                                                                                                                | 100%       |                                        |  |
| My toddler wants me to read books to them                                                                                                                                                                                                                                                                                          | 98%        |                                        |  |
| My toddler pretends to read the words all by him/herself more often                                                                                                                                                                                                                                                                | 85%        |                                        |  |
| Children (4-5 years old)                                                                                                                                                                                                                                                                                                           | N = 52     |                                        |  |
| My child enjoys being read to                                                                                                                                                                                                                                                                                                      | 100%       |                                        |  |
| My child asks more questions about the pictures and stories we are reading                                                                                                                                                                                                                                                         | 98%        |                                        |  |
| My child likes to pretend to read the words all by him/herself more often                                                                                                                                                                                                                                                          | 96%        |                                        |  |
| Stories and Vignettes                                                                                                                                                                                                                                                                                                              |            |                                        |  |
| “My daughter is always excited to go to the mail because she’s eager to receive another book. I love that my daughter has been able to be exposed to literature since birth. It’s so nice to have a variety of books to read with her. I am glad this program has helped foster her love for reading.”<br>- DPIL Survey Respondent |            |                                        |  |
| “My son seems to be just starting to show an interest in the books, and I personally enjoy the diversity of subjects and illustrations from book to book. Although my son is not reading yet, I like that we are starting a collection of books that he can grow into and learn to read from.”<br>-DPIL Survey Respondent          |            |                                        |  |
| “We like the fact that the books are stories that are worded so we can read to our grandson, while he focuses on the pictures, which are colorful and animated. Even though at 18 months he isn’t heavily engaged, we know that we are sowing a habit and as he grows, he will become more engaged.”<br>-DPIL Survey Respondent    |            |                                        |  |

# Family Literacy Promotion: Book Distribution

| Delivered by: First 5 Siskiyou                      |            |                                                                         |
|-----------------------------------------------------|------------|-------------------------------------------------------------------------|
| Indicator                                           | FY 2024-25 | Source                                                                  |
| <b>Reach</b>                                        |            |                                                                         |
| Number of unique children (0-5) served              | 198        | First 5 Siskiyou AR1 Report (2024-25).                                  |
| Number of unique parents/caregivers served          | 10         |                                                                         |
| <b>Impact</b>                                       |            |                                                                         |
| Number of early literacy events hosted or supported | 18         | Family Literacy Promotion Services and Events Apricot Report (2024-25). |
| Number of books distributed                         | 2,430      |                                                                         |
| Read Across Siskiyou, FRCs                          | 1,810      |                                                                         |
| Health and Human Services                           | 20         |                                                                         |
| Red Scarf Society                                   | 100        |                                                                         |
| Reach out and Read                                  | 500        |                                                                         |

# Kindergarten Readiness (Fall 2024)

Delivered by: First 5 Siskiyou

| Indicator                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | FY 2024-25 | Source                                                          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|-----------------------------------------------------------------|
| <b>Reach</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |            |                                                                 |
| Number of unique children assessed                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>223</b> | First 5 Siskiyou School Readiness Report (Fall 2024).           |
| Number of unique parents/caregivers assessed                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>N/A</b> |                                                                 |
| <b>Impact</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |            |                                                                 |
| Percentage of all kindergarten students enrolled in Siskiyou County who were assessed for school readiness                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>59%</b> | First 5 Siskiyou Fall 2024 School Readiness Report (Fall 2024). |
| Percentage of kindergarten students assessed <i>ready for kindergarten</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>77%</b> |                                                                 |
| Percentage of First 5 families who report putting their child to bed at 8:30 PM or earlier                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>90%</b> |                                                                 |
| Percentage of First 5 families who report playing with their children every day (e.g., art activities, puzzles, singing)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>58%</b> |                                                                 |
| <b>Stories and Vignettes</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |            |                                                                 |
| In Fall 2024, kindergarten teachers across Siskiyou County shared that many children arrived eager to learn, expressive, and socially confident, even as academic readiness showed differences across skills and development. Educators frequently noted how much early experiences at home shaped children’s transition to school, especially regular reading, consistent routines, and access to early learning settings. Parents who had engaged with First 5 Siskiyou programs described feeling more prepared and supported in helping their children get ready for school, with many highlighting resources like the Dolly Parton Imagination Library or local parenting classes as meaningful contributors to their child’s growth. Teachers affirmed these patterns, observing that children who participated in multiple First 5 programs were more likely to demonstrate early learning skills and show up rested, regulated, and ready to learn. Across communities, partners emphasized that shared investments, from family resource centers to school-based collaborations, continue to play a critical role in helping young children start kindergarten with confidence. |            |                                                                 |

# Goal 3: Child Health & Development

## Profile of Families

| Indicator                                                | FY 2024-25 | Source                                                       |
|----------------------------------------------------------|------------|--------------------------------------------------------------|
| <b>Countywide Trends</b>                                 |            |                                                              |
| Percentage of infants born low birth weight (<5 lbs 8oz) |            | CA Dept. of Public Health. Three-year estimates (2021-2023). |
| Siskiyou County                                          | 8.6%       |                                                              |
| State of California                                      | 7.4%       |                                                              |
| Percent of children aged 0-17 who are food insecure      |            | Feeding America (2023).                                      |
| Siskiyou County                                          | 23.0%      |                                                              |
| State of California                                      | 16.9%      |                                                              |

## Nutrition Education & Health Access

| Delivered by: First 5 Siskiyou, in Partnership with CalFresh                        |            |                                                            |
|-------------------------------------------------------------------------------------|------------|------------------------------------------------------------|
| Indicator                                                                           | FY 2024-25 | Source                                                     |
| Reach                                                                               |            |                                                            |
| Number of unique children (0-2) served                                              | 295        | First 5 Siskiyou AR1 Report (2024-25).                     |
| Number of unique children (3-5) served                                              | 329        |                                                            |
| Impact                                                                              |            |                                                            |
| Number of nutrition education events held                                           | 6          | First 5 Siskiyou Apricot Events Log (2024-25).             |
| Number of applications (people) submitted for CalFresh nutrition assistance program | 33         | First 5 Siskiyou CalFresh Administrative Report (2024-25). |
| Number of applications (people) submitted for Medi-Cal health insurance program     | 33         |                                                            |

# Help Me Grow

## Delivered by: First 5 Siskiyou

| Indicator                                  | FY 2024-25     | Source                                                   |
|--------------------------------------------|----------------|----------------------------------------------------------|
| <b>Reach</b>                               |                |                                                          |
| Number of unique children (0-5) served     | <b>231</b>     | First 5 Siskiyou AR1 Report (2024-25).                   |
| Number of unique parents/caregivers served | <b>231</b>     |                                                          |
| <b>Impact</b>                              |                |                                                          |
| Number of ASQ screenings conducted         | <b>231</b>     | Help Me Grow Siskiyou County ASQ Results (2024-25).      |
| ASQ-3 unique children screened             | <b>231</b>     |                                                          |
| ASQ-SE:2 unique children screened          | <b>34</b>      |                                                          |
| ASQ-3 Results                              | <b>N = 125</b> | Help Me Grow Siskiyou County ASQ-3 Results (2024-25).    |
| Normal                                     | <b>53%</b>     |                                                          |
| Monitoring                                 | <b>28%</b>     |                                                          |
| Flagged                                    | <b>19%</b>     |                                                          |
| ASQ-SE:2 Results                           | <b>N = 34</b>  | Help Me Grow Siskiyou County ASQ-SE:2 Results (2024-25). |
| Normal                                     | <b>79%</b>     |                                                          |
| Monitoring                                 | <b>6%</b>      |                                                          |
| Flagged                                    | <b>5%</b>      |                                                          |

Note: ASQ Results represent results entered into First 5 Siskiyou Brookes ASQ Online.

## Goal 4: Strong Systems

# Siskiyou Home Visitation Systems Coordination

Delivered by: First 5 Siskiyou, in Partnership with Portland State University

| Indicator                                                                                                                                                                                                                                                                                           | FY 2024-25 | Source                                                                                                            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|-------------------------------------------------------------------------------------------------------------------|
| Reach                                                                                                                                                                                                                                                                                               |            |                                                                                                                   |
| Number of home visiting partner programs engaged in the Siskiyou Home Visitation Systems Coordination project                                                                                                                                                                                       | 5          | First 5 Siskiyou AR1 Report (2024-25).                                                                            |
| Number of home visiting partners engaged in the Siskiyou Home Visitation Systems Coordination project (agencies include Modoc Early Head Start, Siskiyou Early Head Start, Shasta Head Start, Siskiyou Public Health, Partnership Health Plan, and Welcome Home, Baby!                              | 26         |                                                                                                                   |
| Impact                                                                                                                                                                                                                                                                                              |            |                                                                                                                   |
| Percentage of participating program partners <i>agreeing</i> or <i>strongly agreeing</i> with statements about the Siskiyou Home Visitation Systems Coordination (HVSC)                                                                                                                             | N = 6      | Regional Home Visiting Systems Coordination Project Systems Survey Highlights Year 8: Siskiyou, CA Region (2024). |
| There is effective communication between HV program leadership (e.g., HV supervisors, HV managers) within the region involved in the collaborative.                                                                                                                                                 | 100%       |                                                                                                                   |
| HV program leaders are effective at working together to improve the overall HV system.                                                                                                                                                                                                              | 100%       |                                                                                                                   |
| All those involved in the HV systems work have a clear sense of their roles and responsibilities.                                                                                                                                                                                                   | 83%        |                                                                                                                   |
| HV programs currently have the capacity to meet the needs of culturally and linguistically diverse families in our community.                                                                                                                                                                       | 67%        |                                                                                                                   |
| The HV collaborative takes time periodically to reflect on what we are learning, including the effectiveness of our collaborative structures and processes.                                                                                                                                         | 100%       |                                                                                                                   |
| Families in our community know about HV programs and services.                                                                                                                                                                                                                                      | 67%        |                                                                                                                   |
| Our community uses a shared/common referral form to facilitate family access to HV services.                                                                                                                                                                                                        | 67%        |                                                                                                                   |
| The HV system effectively shares professional development and training resources.                                                                                                                                                                                                                   | 100%       |                                                                                                                   |
| There is competition between HV programs for resources and funding. <i>(Lower percentage for this statement suggests improvement compared to baseline in 2016)</i>                                                                                                                                  | 17%        |                                                                                                                   |
| Stories and Vignettes                                                                                                                                                                                                                                                                               |            |                                                                                                                   |
| “Getting so many community organizations involved in the efforts is a big accomplishment. The collaboration between program and community partners is amazing and HV System Coordination Coordinators are doing an excellent job in working to increase engagement efforts.”<br>-Survey Participant |            |                                                                                                                   |

# Siskiyou Professional Development Partnership

Delivered by: First 5 Siskiyou

| Indicator                                                                                                                                    | FY 2024-25                   | Source                                            |
|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|---------------------------------------------------|
| <b>Reach</b>                                                                                                                                 |                              |                                                   |
| Number of county-wide training sessions held for service providers, co-funded by First 5                                                     | <b>15</b>                    | F5 Siskiyou Master Class Roster (2024-25).        |
| Number of providers served (duplicated)                                                                                                      | <b>384</b>                   |                                                   |
| <b>Impact</b>                                                                                                                                |                              |                                                   |
| Number of training sessions, by type                                                                                                         | <b>N = 15</b>                | F5 Siskiyou Countywide Training Report (2024-25). |
| Dopamine Nation: Finding Balance in the Age of Indulgence                                                                                    | <b>3</b>                     |                                                   |
| Understanding Reactive Attachment Challenges                                                                                                 | <b>2</b>                     |                                                   |
| Boys on the Brink                                                                                                                            | <b>1</b>                     |                                                   |
| Becoming the Warrior                                                                                                                         | <b>1</b>                     |                                                   |
| Vaping and Young People – What’s the Big Deal?                                                                                               | <b>1</b>                     |                                                   |
| Karuk Tribe and California Indians: Ipit, itam, Imaan                                                                                        | <b>1</b>                     |                                                   |
| Understanding the Culture of Domestic Violence                                                                                               | <b>1</b>                     |                                                   |
| Desired Results Developmental Profile (DRDP) Training                                                                                        | <b>1</b>                     |                                                   |
| From Cuddles to Confidence – Supporting Mental Health in Early Childhood                                                                     | <b>1</b>                     |                                                   |
| Little Steps to Big Smiles – A Caregiver’s Playbook for Nurturing Well-Being                                                                 | <b>1</b>                     |                                                   |
| Predators in their Pockets: Our Children’s Dangerous NEW Normal                                                                              | <b>1</b>                     |                                                   |
| Cannabis: The State of the Evidence in 2025                                                                                                  | <b>1</b>                     |                                                   |
| Percentage of professional development attendees who <i>Agreed</i> or <i>Strongly Agreed</i> with statements about the session they attended | <b>N = 5 – 16</b>            | F5 Siskiyou Countywide Training Report (2024-25). |
| The instructor was respectful and friendly                                                                                                   | <b>100%</b>                  |                                                   |
| The instructor was knowledgeable                                                                                                             | <b>100%</b>                  |                                                   |
| I will be able to use this information in my daily practice                                                                                  | <b>94%</b>                   |                                                   |
| Overall, this workshop was valuable                                                                                                          | <b>93%</b>                   |                                                   |
| I would recommend this training to others                                                                                                    | <b>90%</b>                   |                                                   |
| Information was presented clearly                                                                                                            | <b>89%</b>                   |                                                   |
| The information was engaging and relevant                                                                                                    | <b>88%</b>                   |                                                   |
| Percentage of participants who reported that the training courses were helpful                                                               |                              |                                                   |
| Percentage of partners who reported their knowledge of the subject AFTER the training was very good or excellent                             | <b>100%</b><br><b>N = 81</b> |                                                   |
| <b>Stories and Vignettes</b>                                                                                                                 |                              |                                                   |
| Survey responses to the question: “What did you like best about the professional development session you attended?”                          |                              |                                                   |

## Delivered by: First 5 Siskiyou

| Indicator                                                                                                                                                                                                                                                                                                                      | FY 2024-25 | Source |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|--------|
| <p><b>“All of it. The information was very important and relevant. Learning about dopamine-deficit and the age of indulgence. I appreciate learning about abstaining and the healthy ways provided to kicking a bad habit.”</b></p> <p><b>-Dopamine Nation: Finding Balance in the Age of Indulgence survey respondent</b></p> |            |        |
| <p><b>“How broad the examples of addiction can be, not only the stereotypical drug and alcohol abuse.”</b></p> <p><b>-Dopamine Nation: Finding Balance in the Age of Indulgence survey respondent</b></p>                                                                                                                      |            |        |
| <p><b>“Learning about the age of indulgence and how dopamine works. Very interesting and helpful information!”</b></p> <p><b>-Dopamine Nation: Finding Balance in the Age of Indulgence survey respondent</b></p>                                                                                                              |            |        |
| <p><b>“Very useful seeing different studies cited and getting more specific information. [The] presenter was very knowledgeable and friendly.”</b></p> <p><b>-Cannabis: The State of the Evidence in 2025 survey respondent</b></p>                                                                                            |            |        |
| <p><b>“Energy level was awesome! Engaging, great perspectives.”</b></p> <p><b>-From Cuddles to Confidence: Supporting Mental Health in Early Childhood survey respondent</b></p>                                                                                                                                               |            |        |
| <p><b>“Learning the types of self-care and how to implement it into my life.”</b></p> <p><b>-From Cuddles to Confidence: Supporting Mental Health in Early Childhood survey respondent</b></p>                                                                                                                                 |            |        |
| <p><b>“How to help communities with better knowledge and understanding.”</b></p> <p><b>-Karuk Tribe and California Indians: Ipit, itam, Imaan survey respondent</b></p>                                                                                                                                                        |            |        |
| <p><b>“The importance of all of us helping to give Native people a voice.”</b></p> <p><b>-Karuk Tribe and California Indians: Ipit, itam, Imaan survey respondent</b></p>                                                                                                                                                      |            |        |

# Child Abuse Prevention Council / Strengthening Families Collaborative

Delivered by: First 5 Siskiyou

| Indicator                                               | FY 2024-25 | Source                                                                     |
|---------------------------------------------------------|------------|----------------------------------------------------------------------------|
| <b>Reach</b>                                            |            |                                                                            |
| Number of providers attending CAPC meetings             | <b>102</b> | First 5 Siskiyou AR1 Report (2024-25).                                     |
| <b>Impact</b>                                           |            |                                                                            |
| Number of CAPC community events held                    | <b>30</b>  | Child Abuse Prevention Month Services and Events Apricot Report (2024-25). |
| Number of children (0-5) attending community events     | <b>496</b> |                                                                            |
| Number of parents/caregivers attending community events | <b>604</b> |                                                                            |

Note: Clients counted locally were not reported to First 5 California in AR-1 reporting, due to this effort being counted in the Systems category (no client counts permitted).