



Parenting A Second Time Around (PASTA) is an award winning curriculum developed by Cornell University to address the unique needs and support relative caregivers raising children.



**CHILD CARE IS INCLUDED**

**REGISTER HERE**



**OR CALL 530.918.7222 TO SIGN-UP BY PHONE**

# PARENTING A SECOND TIME AROUND

## FOR GRANDPARENTS AND OTHER RELATIVE CAREGIVERS

This free, eight-week program provides insights, strategies, and a welcoming community to help you build a strong, supportive family environment. We will focus on cultivating empathy, nurturing through grief and loss, child development and individual differences, discipline with dignity, self-care techniques, legal concerns, and navigating the teen years.



**Facilitated by Lori Keyser-Boswell**

Lori has earned a BA in psychology, a Masters of Divinity Studies. Along with raising her two sons, Lori and her husband were foster parents to two fantastic youngsters and were able to adopt their wonderful daughter. Lori continues to lead a faith community as well as being Chaplain for Madrone Hospice and is a former Program Manager of the Court Appointed Special Advocates (CASA) program at Youth Empowerment Siskiyou (YES).

**Tuesdays, May 5<sup>th</sup> - June 23<sup>rd</sup>**

**9:15 - 10:15AM**

**Walk together, build friends, and enjoy light brunch**

**10:15 - 11:30AM | PASTA Class**

**SISKIYOU FAMILY YMCA  
350 N. FOOTHILL DRIVE, YREKA**

