

# Active Parenting

For parents of teens  
and pre-teens,  
ages 11 to 16

Facilitated by **Toby Reusze**

Licensed Advanced Alcohol and Drug Counselor  
Family Educator for more than 16 years  
Certified Domestic Violence Facilitator



Family  
dinner and  
child care  
are included

*No cost to participants.*

Join other parents in this interactive gathering and leave with practical skills, helpful solutions, and stronger connections with your teen or preteen.



**TUESDAYS || JAN 27 - APR 28 || 5:30 - 7:30 PM**

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**230 S. 13<sup>TH</sup> STREET, MONTAGUE**

**[REGISTER HERE](#), OR CALL 530.918.7222 TO REGISTER BY PHONE**

This new Active Parenting program for teens and pre-teens helps you guide your child with clarity, care, and confidence. Discussions include:

- Handling tough topics: drugs, bullying, sexuality, technology
- Effective discipline and communication strategies for pre teens and teens
- Understanding teen brain development and decision-making
- Building confidence in youth in a supportive and friendly environment