

Cooperative Co-Parenting through Separation or Divorce



A virtual class facilitated by

Rose Smith, MS, LPCC

Join this virtual parents' group to learn ways to navigate separation or divorce as a parent.

No cost to participants.

Wednesdays

March 4th -
June 10th

6:00 - 7:15pm



Register [here](#)
or by phone at
530.918.7222



The time together will offer you practical tools to improve communication, reduce conflict, and create a more stable, nurturing environment for your child(ren). Through guided discussions and real-life examples, learn strategies for managing emotions, strengthening cooperation, and keeping your child's well-being at the center of shared decision-making. The series helps parents build a healthier co-parenting partnership so children feel secure, supported, and connected during times of change.

About our Facilitator

Rose holds a Master of Science (MS) degree in Mental Health Counseling and is a Licensed Professional Clinical Counselor (LPCC). She has gained valuable experience in both community mental health agencies and private practice settings. Rose established her independent practice in Yreka in 2021.

