

For parents of children  
ages birth to 5 years

# Active Parenting

Facilitated by **Carla Charraga**

Early Childhood Educator  
Executive Director, SDV&CC  
English/Spanish Translator



A  
family lunch  
and  
child care are  
included

Learn strategies to —

- Raise responsible, cooperative children
- Resist negative peer pressure

*No cost to participants.*



**TUESDAYS // MAR 11 – APR 29 // 11:30AM – 1:30 PM**

**NO CLASS SCHEDULED APR 15 – SPRING BREAK**

**HAPPY CAMP COMMUNITY CENTER**

**38 PARK WAY, HAPPY CAMP**

**[REGISTER HERE](#), OR CALL 530.493.5117 TO REGISTER BY PHONE**

Active Parenting will give you skills to achieve a fuller, more satisfying family life... and help your children achieve greater happiness and success. Written by Michael H. Popkin, Ph.D. this award-winning course will show you a proven-effective approach to parenting that will lead to more harmony and happiness for you and your children. You'll learn strategies for school success, along with positive discipline and communication techniques, and experience increased JOY as a family.