MEET YOUR LOCAL DOULAS

Join us At <u>Zephyrs</u> 328 W Miner St, Yreka <u>Feb 20 4-5:30pm</u>

<u>Theory</u> 228 N Mt Shasta Blvd <u>Feb 22 10-11:30am</u>





Come join us to learn what doulas do and meet your local doulas! Discover how we empower and support families through pregnancy, birth, and postpartum..

This is a family friendly event.

Coffee, tea and baked goods provided.



This event is proudly sponsored by: