## Active For parents of children ages 5 to 12 Active Parenting



No cost to participants.

THURSDAYS || OCT 10 - DEC 5 || 5:30 - 7:30 PM NO CLASS ON OCT 31 AND NOV 28

EVERGREEN ELEMENTARY SCHOOL, CAFETERIA & ROOM 8
416 EVERGREEN LANE, YREKA
REGISTER HERE, OR CALL 530.918.7222 TO REGISTER BY PHONE

Active Parenting will give you skills to achieve a fuller, more satisfying family life... and help your children achieve greater happiness and success. Written by Michael H. Popkin, Ph.D. this award-winning course will show you a proveneffective approach to parenting that will lead to more harmony and happiness for you and your children. You'll learn strategies for school success, along with positive discipline and communication techniques, and experience increased JOY as a family.









