

Parenting



NOW®

Thursdays

Mar 21st – May 9th

11:30am – 1:30pm

Location:

Happy Camp Community Center

38 Park Way, Happy Camp

Lunch and childcare
are included.

No cost to participants.

Parenting NOW®

Join us for a fun, interactive weekly gathering for parents of children in kindergarten to 8th grade. The sessions are filled with great resources and opportunities to get new techniques to help your child succeed!

This research-based program is designed to increase parents understanding of child development, support children's social and emotional development, increase positive strategies to help children during challenging times, tools to support healthy ways to deal with stress and anger.



Register [online](#)
or call
530.493.5117
to register
by phone.

Meet our Facilitator - Carla Charraga

Carla Charraga has extensive professional experience in working with families and youth and in facilitating numerous groups including parenting classes and on topics of cultural sensitivity and domestic violence. She earned a Bachelor of Arts degree from UC Berkeley and is a certified Anger Replacement Therapy Facilitator. Carla is fluent in Spanish and English and is Executive Director at Siskiyou Domestic Violence and Crisis Center.

