## Parenting NOW<sup>®</sup>

Join us for a fun, interactive weekly gathering for parents of children in kindergarten to 8<sup>th</sup> grade. The sessions are filled with great resources and opportunities to get new techniques to help your child succeed!

This research-based program is designed to increase parents understanding of child development, support children's social and emotional development, increase positive strategies to help children during challenging times, tools to support healthy ways to deal with stress and anger.

**Register online** or call 530.493.5117 to register by phone.







Happy Camp

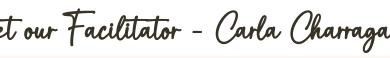
Community Center

Carla Charraga has extensive professional experience in working with families and youth and in facilitating numerous groups including parenting classes and on topics of cultural sensitivity and domestic violence. She earned a Bachelor of Arts degree from UC Berkeley and is a certified Anger Replacement Therapy Facilitator. Carla is fluent in Spanish and English and is Executive Director at Siskiyou Domestic Violence and Crisis Center.

## Thursdays Mar 21<sup>st</sup> – May 9<sup>th</sup>

11:30am – 1:30pm

Location: Happy Camp Community Center 38 Park Way, Happy Camp Lunch and childcare are included. No cost to participants.



COLLABORATIVE