

May 2024

STRENGTHENING FAMILIES

Weed ~ 5:30-7:30PM

Events and Activities

First 5 Siskiyou, FRCs, and Community Partners invite you to join us in these virtual and in-person classes and activities for parents, caregivers, educators, health care providers, and those who work with children and youth. All of these classes and family events are provided free to participants – for registration information and details about each class, visit <https://first5siskiyou.org/parenting-education-classes/>.

To register by phone for any of these classes, call 530.918.7222.

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



1
PLAY GROUP ~ HUB CFRC
 10:30-12PM
GIRLS ON THE EDGE
 Ce Eshelman ~ 2:45-5PM
PARENTING THE NURTURING WAY
 Dunsmuir CRC ~ 5:30-7:30PM
NURTURING PARENT & TEEN
 Yreka CRC ~ 5:30-7:30PM

2
RELATIVES RAISING CHILDREN
 Mt. Shasta CRC~ 10-11:30AM
PLAY GROUP ~ F&CRC of Weed
 10-11:30AM
PARENTING NOW! ~Happy Camp CCC
 11:30-1:30PM
PARENTING NOW! Scott Valley FRC,
 Fort Jones ~ 5:30-7:30PM
STRENGTHENING FAMILIES
 Weed ~ 5:30-7:30PM

3

Parent Powered
 Evidence-Based
 Family Engagement
 (Formerly Ready4K)



All photos by Krista Weagraff

6
PLAY GROUP ~ Mt. Shasta CRC
 10:00-11:30AM
PLAY GROUP
 Yreka CRC ~ 10:30-12PM

7
ATTACHMENT VITAMINS
 Mt. Shasta CRC ~ 2- 4PM

8
PLAY GROUP ~ Dunsmuir CRC
 10:30-12PM
PLAY GROUP ~ HUB CFRC
 10:30-12PM
NURTURING PARENT & TEEN
 Yreka CRC ~ 5:30-7:30PM

9
RELATIVES RAISING CHILDREN
 Mt. Shasta CRC~ 10-11:30AM
PLAY GROUP ~ Bel Air Park
 Weed 10-11:30AM
LET'S TALK ABOUT SCHOOL SUCCESS
 Kahtishraam Wellness Center, Yreka
 5:30-7:30PM
PARENTING NOW! Scott Valley FRC,
 Fort Jones ~ 5:30-7:30PM
STRENGTHENING FAMILIES
 Weed ~ 5:30-7:30PM



13
PLAY GROUP ~ Mt. Shasta CRC
 10:00-11:30AM
PLAY GROUP
 Yreka CRC ~ 10:30-12PM
NEW AND EXPECTANT PARENT WORKSHOP ~ Early Head Start
 Tulelake ~ 10AM-12PM

14
ATTACHMENT VITAMINS
 Mt. Shasta CRC ~ 2- 4PM
TEEN WHISPERER ~ TEENS WITH SIBLINGS – RIVALRY & TEAMWORK
 Ce Eshelman ~ 6:15-7:30PM

15
PLAY GROUP ~ Dunsmuir CRC
 10:00-11:30AM
PLAY GROUP ~ HUB CFRC
 10:30-12PM
NURTURING PARENT & TEEN
 Yreka CRC ~ 5:30-7:30PM

16
PLAY GROUP ~ F&CRC of Weed
 10-11:30AM
RELATIVES RAISING CHILDREN
 Mt. Shasta CRC~ 10-11:30AM
PARENTING NOW! Scott Valley FRC
 Fort Jones ~ 5:30-7:30PM
STRENGTHENING FAMILIES
 Weed ~ 5:30-7:30PM
HOW TO TALK SO KIDS WILL LISTEN
 Yreka CRC ~ 5:30-7:30PM

17 **18**

COMMUNITY BABY SHOWER SAFETY & ACEs WORKSHOP
PP DEPRESSION PRESENTATION
 Yreka CRC ~ 10:30-12PM



20
PLAY GROUP ~ MS CRC
 10:00-11:30AM
PLAY GROUP ~ Yreka CRC
 10:30-12PM
NEW AND EXPECTANT PARENT
 Early Head Start, Tulelake
 10AM-12PM
D21 PREVENT CHILD SEXUAL ABUSE
 BV Montessori, Dorris ~ 5:30-8PM
SMOKE AND MIRRORS
 Deena Graves ~ 6:15-7:45PM

21
ATTACHMENT VITAMINS
 Mt. Shasta CRC ~ 2- 4PM

22
PLAY GROUP ~ Dunsmuir CRC
 10:00-11:30AM
PLAY GROUP ~ HUB CFRC
 10:30-12PM
NURTURING PARENT & TEEN
 Yreka CRC ~ 5:30-7:30PM

23
PLAY GROUP ~ F&CRC of Weed
 10-11:30AM
RELATIVES RAISING CHILDREN
 Mt. Shasta CRC~ 10-11:30AM
PARENTING NOW! Scott Valley FRC
 Fort Jones ~ 5:30-7:30PM
STRENGTHENING FAMILIES
 Weed ~ 5:30-7:30PM
HOW TO TALK SO KIDS WILL LISTEN
 Yreka CRC ~ 5:30-7:30PM

24

Anytime Storytime

27

Memorial Day Holiday

28
ATTACHMENT VITAMINS
 Mt. Shasta CRC ~ 2- 4PM
THE BRAIN ON DRUGS, ALCOHOL, & OTHER THINGS – Part 4 of 4
 Ernie Mendes ~ 2:45-5PM

29
PLAY GROUP ~ Dunsmuir CRC
 10:00-11:30AM
PLAY GROUP ~ HUB CFRC
 10:30-12PM
NURTURING PARENT & TEEN
 Yreka CRC ~ 5:30-7:30PM

30
PLAY GROUP ~ F&CRC of Weed
 10-11:30AM
RELATIVES RAISING CHILDREN
 Mt. Shasta CRC~ 10-11:30AM
SISKIYOU CAPC MEETING ~ 12-2PM
PARENTING NOW! Scott Valley FRC
 Fort Jones ~ 5:30-7:30PM
STRENGTHENING FAMILIES
 Weed ~ 5:30-7:30PM
HOW TO TALK SO KIDS WILL LISTEN
 Yreka CRC ~ 5:30-7:30PM



Siskiyou Family and Community Resource Centers

Dunsmuir CRC	530.235.4400
Happy Camp CC	530.493.5117
HUB CFRC	530.459.3481
McCloud CRC	530.853.1528
Mount Shasta CRC	530.926.1400
Scott Valley FRC	530.468.2450
Tulelake/Newell FRC	530.667.2147
Weed F&CR	530.938.9914
Yreka CRC	530.842.1313