

Girls on the Edge

The signs are everywhere – girls are struggling, their well-being challenged. This workshop will give you a peek inside today's girls and how you can take action to buoy them up against the nagging tide of stressors and emotional turmoil. We will take a deep dive into the issues plaguing girls and will take it all the way into actionable solutions. The stressors are outside and inside. Let's look at real steps you can take today to stem the tide of emotional turmoil that will set your girls on track to happiness and health in their lives.



Presented by

Ce Eshelman, LMFT

Wednesday

MAY 1st | 2:45 – 5PM

Register [here](#) or call 530.918.7222 to register by phone.



Ce Eshelman, LMFT, is an Attachment and Trauma Specialist and adoptive mom with a private practice, **The Attach Place**, in Sacramento. She is the facilitator of **The Love Matters Parenting Society**, an online annual membership for becoming great therapeutic parents while thriving at the same time.

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