

Early Experiences

Lay the Foundation for Life

Research shows...

What children experience in their first years of life makes a big impact on how their brain develops and how they interact with the world throughout their life.

Parents who respond to their baby's needs in a nurturing manner grow securely attached children. Secure attachment is critical to forming positive relationships with others, self-esteem, flexibility under stress, and positive outcomes in school and life.

Benefits of Home Visiting ...

Individualized resources for you, your baby, and your family to enhance and support your baby's healthy development. Learn how to use the Ages and Stages Questionnaire to learn about your child's developmental milestones.

Get answers to your questions and receive information about prenatal health, newborn care, and child development.

Referrals for job training and education programs, early care and education services, mental health and domestic violence resources.

Developmental screenings, early identification, and links to health care providers can help overcome developmental and behavioral concerns.

Discover ways to enhance and support your baby's healthy development.



You are your child's first
and most important teacher!

Scan the code
to get connected
to programs.



For more information on
Siskiyou Home Visiting Programs,
please contact:

Email: helpmegrow@first5siskiyou.org

Child Development Specialist:
530.918.7222

Website:
first5siskiyou.org/help-me-grow-siskiyou



SISKIYOU

Home Visiting Programs

...support parents, promote health,
and strengthen families
and communities!





Welcome Home Baby!

This program supports families with newborn children and is available, at no cost, to all South Siskiyou County families. A Registered Nurse, who is a Certified Lactation Specialist, will be your resource for breastfeeding and other supports for you and your newborn.

Services include:

- Information on newborn feeding practices with an emphasis on breastfeeding, positive parenting, child health and development, and links to other community services
- Maternal screenings for depression, developmental screenings of newborns, and health care referrals
- A First 5 Kit for New Parents – a free parenting resource that includes information and useful parenting tips will be presented to you



SISKIYOU

Home Visiting Programs

Which program best fits your family's needs?

Siskiyou County Health and Human Services Home Visiting Programs

Siskiyou County Public Health offers CalWORKS and California Home Visiting Programs to those eligible for services. Families are paired with a home visitor who is a nurse or trained professional who learns more about the family's needs and strengths and makes regular home visits to provide parenting support.

The Home Visiting Programs nurture healthy parent-child relationships and include benefits such as:

- Coaching and tools to grow as a parent
- Employment resources for parents
- Connections to community resources
- Child developmental screenings and resources
- Family planning and goal setting
- Learn how to bond and provide enriched learning experiences with your child



Modoc Early Head Start Shasta Head Start Siskiyou Early Head Start

These home-visiting programs are free to income-eligible expecting parents and their children up to their third birthday.

Services include:

- Nurturing healthy attachments between parent and child (and child and caregiver)
- Nutritional screenings, developmental assessments, early childhood education, promotion of positive parenting skills, and school readiness
- Prenatal, infant, toddler, and preschool programs
- Play groups

