

SATURDAY  
**Feb 10<sup>th</sup>**

10:00 – 3:30pm

Location: Yreka Community Resource Center  
201 S. Broadway, Yreka

# Sensory Differences

that impact  
**Attention**  
and  
**Behavior**



Lunch is included.  
No cost to participants.

Facilitated by

*Sharon Bertrand, OT*

For Early Care and Education and Family, Friend and Neighbor (FFN) providers, and families. Quality Counts Siskiyou participants will receive a \$100.00 stipend. All will leave with Sensory Kits.

Many children (and adults) have sensory differences that impact behavior and attention. Sensory differences are statistically commonly associated with Autism Spectrum Disorder, Developmental Coordination Disorder, and Attention Deficit Disorder. Behavior is often impacted by touch or sound sensitivity, proprioceptive body needs, vestibular movement differences, or other sensory differences. How do we discover and clearly define what is the biggest challenge for the child? Is there trauma or are there other environmental factors? And how can we address these challenges in an effective evidence-based way that guides the child to adapt to environmental situations, helps the child interact appropriately in social situations, and ultimately supports the child to demonstrate functional life skills in the future. Using sample case studies or personal case studies we will participate in activities you can use at home or at school as follows: Create a Sensory Ladder Ax, steps to eating or modulation, develop a Sensory Diet and Schedule, experience Sensory Stations similar to ALERT program, and make a Sensory and Social Emotional Feedback meter.

Register [here](#) or call 530.918.7222 and register by phone.

**Sharon Bertrand, OT/L #6499**, is a private licensed Occupational Therapy practitioner with 25+ years Pediatric experience with Sensory Processing and Autism Spectrum Disorder. She previously owned a multi-disciplinary Therapy Clinic in the CA North Bay area and in more recent years worked at Dignity Health Mt. Shasta and Weed Clinics. Sharon specializes in the art of integrating various treatment modalities with various physical and mental health diagnoses. She is currently a private practice owner of [Bertrand Therapy - Helping Hands Live](#), providing treatment and consultation in the field of pediatrics, youth, and mental health.



TALK, READ, SING, PLAY, EVERYDAY!  
**FIRST 5**  
Siskiyou  
CHILDREN & FAMILIES COMMISSION

**Quality**  
SISKIYOU  
**Counts**

