Jan 16th -





## Is it Sensory or a Behavioral Challenge?

No cost to participants.

Facilitated by Sharon Bertrand. OT

Many children (and adults) have sensory differences that impact behavior and attention. Sensory differences are statistically commonly associated with Autism Spectrum Disorder, Developmental Coordination Disorder, and Attention Deficit Disorder. Behavior is often impacted by touch or sound sensitivity, proprioceptive body needs, vestibular movement differences, or other sensory differences. How do we discover and clearly define what is the biggest challenge for the child? Is there trauma or are there other environmental factors? And how can we address these challenges in an effective evidence-based way that guides the child to adapt to environmental situations, helps the child interact appropriately in social situations, and ultimately supports the child to demonstrate functional life skills in the future. Sessions are interactive and include case scenarios and problem-solving challenging situations. Bring your challenges and your questions!

## Register here or call 530.918.7222 and register by phone.

Sharon Bertrand, OT/L #6499, is a private licensed Occupational Therapy practitioner with 25+ years Pediatric experience with Sensory Processing and Autism Spectrum Disorder. She previously owned a multi-disciplinary Therapy Clinic in the CA North Bay area and in more recent years worked at Dignity Health Mt. Shasta and Weed Clinics. Sharon specializes in the art of integrating various treatment modalities with various physical and mental health diagnoses. She is currently a private practice owner of Bertrand Therapy -Helping Hands Live, providing treatment and consultation in the field of pediatrics, youth, and mental health.













