## PARENTING the nurturing way®

Register <u>online</u> or call the Dunsmuir Community Resource Center (CRC) at 530.235.4400 and register over the phone.



Location: Dunsmuir CRC 5840 Dunsmuir Avenue Suite A, Dunsmuir

Facilitated by Giovanna Taormina

## January 31st - April 24th

## Wednesdays ~ 5:30 - 7:30pm

## A family dinner and child care are included. No cost to participants.

These classes focus on the unique developmental needs of young children and sets the foundation for nurturing and healthy family relationships. Parents learn skills in developmentally appropriate activities and expectations, nurturing touch, effective discipline techniques, alternatives to spanking, and self-nurturing skills.



Giovanna Taormina is a Consultant, Coach, Educator and the former Founder/Executive Director of One Circle Foundation. She has developed evidencebased curricula utilized internationally and her focuses include child/adolescent development, trauma, parenting literacy, building resiliency, and strengthening relationships via offering professional development and training for adults in education, behavioral health, juvenile probation, child services, public health, and community-based programs.