

Parenting



NOW®

Wednesdays

Jan 17th - Mar 13th

5:30 – 7:30pm

Location:

Kahtishraam Wellness Center
1403 Kahtishraam , Yreka

Dinner and childcare
are included.

No cost to participants.

Parenting NOW®

Join us for a fun, interactive weekly gathering for parents of children in kindergarten to 8th grade. The sessions are filled with great resources and opportunities to get new techniques to help your child succeed!

This research-based program is designed to increase parents understanding of child development, support children's social and emotional development, increase positive strategies to help children during challenging times, tools to support healthy ways to deal with stress and anger.



Register online
or call
530.918.7222
to register
by phone.



Meet our Facilitator - Tammy Jaime

Tammy Jaime has earned a Bachelor of Arts degree in Sociology, a Child Development Associate (CDA) credential and has more than thirteen years experience in Early Childhood Education. She also has extensive experience as a Home Visitor and is an Infant Massage Educator. Tammy is enthusiastic and passionate about sharing her knowledge of nurturing parenting skills with parents and children!

