

Nurturing Parent and Teen Relationships



Tonya Herring



Lori Keyser-Boswell

In this series, parents and teens will meet in 2 separate groups and come together at the end of each class, and will:

- Learn how to strengthen and repair their relationships
- Have fun together through expressive art activities, discussions and role-plays
- Practice strategies to communicate respectfully
- Build new ways to create a positive, nurturing family environment
- Learn how manage behaviors to promote positive discipline, trust, bonding

MEET OUR CO-FACILITATORS

Tonya Herring has extensive professional experience working with youth and families across the country. She has a passion for strengthening the family unit through education and healing. Tonya holds a Bachelor of Arts degree in Psychology and a Master of Education in Counseling and is serving as an At-risk Counselor for Yreka Union High School District.

Lori Keyser-Boswell has earned a BA in psychology and a Masters of Divinity Studies. Along with raising her two sons, Lori and her husband were foster parents to two fantastic youngsters and were able to adopt their wonderful daughter. Lori continues to lead a faith community as well as being Chaplain for Madrone Hospice and Program Manager of the Court Appointed Special Advocates (CASA) program at Youth Empowerment Siskiyou.



★ **Wednesdays** ★
Feb 7th – May 1st
5:30 - 7:30pm

Location:
Yreka Community Resource Center
201 S. Broadway, Yreka
Dinner and child care are included.
No cost to participants.

Teens will receive a \$10.00 gift card for each class attended.

This 13-week series is designed for parents, foster parents, and relative caregivers and their teens (13 – 19 years) to strengthen and repair relationships.

Register [here](#)
or call
530.842.1313
to register
by phone.



TALK, READ, SING, PLAY, EVERYDAY!
FIRST 5
Siskiyou
CHILDREN & FAMILIES COMMISSION