

December 2023

Events and Activities

First 5 Siskiyou, FRCs, and Community Partners invite you to join us in these virtual and in-person classes and activities for parents, caregivers, educators, health care providers, and those who work with children and youth. All of these classes and family events are provided free to participants – for registration information and details about each class, visit <https://first5siskiyou.org/parenting-education-classes/>.

To register by phone for any of these classes, call 530.918.7222.

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



4
PLAY GROUP ~ Mt. Shasta CRC
 10:00-11:30AM
PLAY GROUP
 Yreka CRC ~ 10:30-12PM

5 **NURTURE TOGETHER** ~ A Support Group for Parents & Caregivers ~ 10-11:15AM
TAKE CONTROL OF STRESS AND ANGER – CONSTRUCTIVELY
 Grace Presbyterian Church, Weed
 Presented in English and Spanish
 5:30-7:30PM

6 **COMMUNITY AND PARTNER APPRECIATION GATHERING**
 Yreka CRC – 12-2PM
THE HEALING ART OF SHOWING UP
 Ce Eshelman ~ 2:45 – 5PM
MAKE PARENTING A PLEASURE
 Yreka CRC ~ 5:30-7:30PM

7 **PLAY GROUP ~ F&CRC** of Weed ~ 10-11:30AM
RELATIVES RAISING CHILDREN
 Mt. Shasta CRC~ 10-11:30AM
RAISING EMOTIONALLY HEALTHY CHILDREN ~ Dunsmuir CRC
 5:30-7:30PM
ATTACHMENT VITAMINS
 Yreka CRC ~ 5:30-7:30PM



11
PLAY GROUP ~ Mt. Shasta CRC
 10:00-11:30AM
PLAY GROUP
 Yreka CRC ~ 10:30-12PM

12
HANDMADE GIFTS FOR THE HOLIDAYS ~ Kahtishraam
 Wellness Center ~ 5:30-7:30PM
TEEN WHISPERER ~ Ce Eshelman
 6:15-7:30PM

13
PLAY GROUP ~ Dunsmuir CRC
 10:00-11:30AM
PLAY GROUP ~ HUB CFRC
 10:30-12PM
MAKE PARENTING A PLEASURE
 Yreka CRC ~ 5:30-7:30PM

14 **PLAY GROUP ~ F&CRC** of Weed ~ 10-11:30AM
RELATIVES RAISING CHILDREN
 Mt. Shasta CRC~ 10-11:30AM
RAISING EMOTIONALLY HEALTHY CHILDREN ~ Dunsmuir CRC
 5:30-7:30PM
ATTACHMENT VITAMINS
 Yreka CRC ~ 5:30-7:30PM

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YOU'RE INVITED TO Little Elves Workshop
 Mt. Shasta City Park
 Main Lodge ~ 6-8PM

18
PLAY GROUP ~ Mt. Shasta CRC
 10:00-11:30AM
PLAY GROUP
 Yreka CRC ~ 10:30-12PM

19
HANDMADE GIFTS FOR THE HOLIDAYS ~ Presented in English and Spanish ~ Family & Community Resource Center of Weed ~ 5:30-7:30PM

20
PLAY GROUP ~ Dunsmuir CRC
 10:00-11:30AM
PLAY GROUP ~ HUB CFRC
 10:30-12PM
MAKE PARENTING A PLEASURE
 Yreka CRC ~ 5:30-7:30PM

21 **PLAY GROUP ~ F&CRC** of Weed ~ 10-11:30AM
RELATIVES RAISING CHILDREN
 Mt. Shasta CRC~ 10-11:30AM
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 Yreka CRC ~ 5:30-7:30PM

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 Please note that the Family and Community Resource Centers will be closed from **December 22nd** through **January 5th**.

First 5 Siskiyou and Siskiyou's Child Abuse Prevention Council (CAPC) joyfully invite you to our annual **Community and Partner Appreciation Gathering**



Wednesday, December 6th
 at the
 Yreka Community Resource Center
12:00 – 2:00pm

We would be so delighted if you can join us for a wonderful time of appreciation, networking, and social connections!

To help us with planning delicious finger foods to enjoy, please RSVP to **530.918.7222** or email to allaboutthekids@first5siskiyou.org

Siskiyou Family and Community Resource Centers

Dunsmuir CRC	530.235.4400
Happy Camp CC	530.493.5117
HUB CFRC	530.459.3481
McCloud CRC	530.853.1528
Mount Shasta CRC	530.926.1400
Scott Valley FRC	530.468.2450
Tulelake/Newell FRC	530.667.2147
Weed F&CR	530.938.9914
Yreka CRC	530.842.1313

