



# Healthy HOLIDAY TREATS

TUESDAY, NOVEMBER 14<sup>th</sup>  
5:30 – 7:30pm

Facilitated by

*Michelle Harris*



Michelle Harris, MS, RD

Join us for a **FUN** evening of creating perfectly **Trimmed Pita Trees**, decorate **snowman cheese sticks**, or **set up strawberry Santas**, just to name a few ideas for magical, edible holiday masterpieces.

**Location: HUB Communities Family Resource Center**  
310 13<sup>th</sup> Street, Montague  
**A family dinner and child care are included!**  
**Register online [here](#), or call 530.459.3481.**

Michelle Harris has been a Registered Dietitian and Nutrition Educator for over 20 years. Her passions include engaging people of all ages to make nutrition and their health a priority.

