

Raising Emotionally Healthy Children



MEETING THE 5 CRITICAL NEEDS OF CHILDREN AND YOUTH
... AND PARENTS TOO!



7 weekly sessions

Oct 26th – Dec 14th

Thursdays | 5:30pm -7:30pm

Location: Dunsmuir Community Resource Center
5840 Dunsmuir Avenue, Suite A, Dunsmuir

Scan here to register!



Family dinner and child care are included.
No cost to participants.

Register by calling 530.235.4400
or online at
<https://www.surveymonkey.com/r/FY2023-24>



This unique free program for parents, educators, and caregivers is a fun and educational discussion based on the recently updated book *How to Raise Emotionally Healthy Children...* by Gerald Newmark, Ph.D.

Information will be provided about how to nourish emotional health at home and at school and satisfy the critical emotional needs that all children have--- to feel respected, important, accepted, included and secure.



Facilitated by:

Giovanna Taormina



Giovanna Taormina is a Consultant, Coach, and Educator and the former Founder/Executive Director of One Circle Foundation. She has developed evidence-based curricula utilized internationally and her focuses include child/adolescent development, trauma, parenting literacy, building resiliency, and strengthening relationships via offering professional development and training for adults in education, behavioral health, juvenile probation, child services, public health, and community-based programs.

