

MAKE PARENTING A PLEASURE!

ESPECIALLY GEARED FOR DADS AND DAD-FIGURES –
ALTHOUGH MOMS AND MOM-FIGURES ARE WELCOME TOO!

Co-facilitated by

Toby Reusze, CAADC II

and

Fernie Fernandez

Each Wednesday

Dinner and child care are included.
No cost to participants.

Ongoing Weekly Classes

Ending December 13th, 2023

5:30-7:30pm

Location:

Yreka Community Resource Center
201 S. Broadway, Yreka

Sign-up by calling 530.842.1313

ABOUT OUR CO-FACILITATORS

Toby Reusze is a Licensed Advanced Alcohol and Drug Counselor (LCi04200315-CA) specializing in alcohol and drug counseling with adolescents and adults and their families. She is a Certified Domestic Violence Facilitator and has been a Family Educator for more than 15 years for parents and caregivers of children from birth to 18 years.

Fernie Fernandez has earned a Bachelor of Science degree and is Certified in Crisis Intervention. He has facilitated Anger and Stress Management classes and the Strengthening Families Program.

Do you have children ages birth to 7 years old?

Are you looking for ways to reduce stress
and have an evening to talk with other parents
about parenting topics?

In this 13-week evidence-based parenting class,
you will get ideas to support your child's development,
deal with discipline challenges, and learn more about
communication, self-care, stress, and anger management.

This training is sponsored by:

