

Register for all classes [here!](https://www.surveymonkey.com/r/CE_2023-2024)
https://www.surveymonkey.com/r/CE_2023-2024
 For registration assistance by phone, call 530.918.7222.



A Schedule of Classes with Ce Eshelman, LMFT

Attachment and Trauma Specialist and adoptive mom with a private practice, The Attach Place, in Sacramento. She is the facilitator of *The Love Matters Parenting Society*, an online annual membership for becoming great therapeutic parents while thriving at the same time. ce@attachplace.com

August 2023
to
June 2024

These classes are for parents, educators, caregivers, and all who work with and have children in their lives.

Date All classes are on the 1 st Wednesday (except Jan 10 th) from 2:45-5:00pm	Class Title
August 2 nd	Back to School Anxiety — Tackle the Anxiety Traps
September 6 th	Helping Kids Crush Anxiety: Bringing Sunshine to Dark Corners
October 4 th	Parents — Tame Your Triggers — Part 1
November 1 st	Parents — Tame Your Triggers — Part 2
December 6 th	The Healing Art of Showing Up— for Your Children, Yourself, and others
*January 10 th	Supporting Neurodiverse Children and Youth (Challenging Behaviors) – Part 1
February 7 th	Supporting Neurodiverse Children and Youth (Challenging Behaviors) – Part 2
March 6 th	Stop Yelling 101
April 3 rd	Advanced Stop Yelling 201
May 1 st	Girls and Boys on the Edge — Part 1
June 5 th	Girls and Boys on the Edge — Part 2
Date Evening Classes with Ce All 2 nd Tuesday from 6:15-7:30pm	Class Title
September 12 th	Life’s Challenges Through the Eyes of A Child
October 9 th November 14 th December 12 th January 9 th February 13 th March 12 th	Teen Whisperer series for Parents of Teens

These partners are working together to bring these high-quality educational opportunities to participants at no cost.

