

Strengthening Families



A 10-week virtual program to improve communications and strengthen family relationships for parents of children and teens, ages 10 through 17.



Each Monday
6:00 - 7:30pm — **Beginning March 20th through May 22nd**

Parents — Do you have difficulty in starting important conversations with your children and teens? Are you worried about choices being made by your children? Join us in this 10-week virtual program to improve communications and strengthen family relationships.

Register at: https://www.surveymonkey.com/r/Strong_Families

Questions? Please call 530.459.3481.



Katy Popa is the Program Manager at the Hub Communities Family Resource Center in Montague. Her passion for helping families thrive got its start in a childhood spent attending AA meetings with her mom, observing at first hand the beauty of people in recovery.

Strengthening Families Co-Facilitators

Giovanna Taormina is the Founder of One Circle Foundation. She provides training and consultation nationwide, along with evidence-based curricula that are utilized internationally and are applied to programs in education, behavioral health, juvenile probation, child services, public health, and community-based programs.

