

Parenting



NOW®

Wednesdays

April 26th to June 28th
5:30 – 7:30pm

Location:

Yreka Community Resource Center
201 S. Broadway, Yreka

Dinner and childcare are included.

Parenting NOW®

Join us for a fun, interactive weekly gathering for parents of children from perinatal to age 6. The sessions are filled with great resources and opportunities to get new techniques to help your child succeed!

This research-based program is designed to increase parents understanding of child development, support children's social and emotional development, increase positive strategies to help children during challenging times, tools to support healthy ways to deal with stress and anger.

Sign-up by calling
or stopping by the
Yreka CRC —
530.842.1313



Meet our Co-Facilitators:

Toby Reusze is a Certified Advanced Alcohol and Drug Counselor (CAADC II) specializing in alcohol and drug counseling with adolescents and adults and their families. She earned a Bachelor of Science degree, is a Certified Domestic Violence Facilitator, and has been a Family Educator for more than 14 years.

Fernie Fernandez has earned a Bachelor of Science degree and is Certified in Crisis Intervention. He has facilitated Anger and Stress Management classes and the Strengthening Families Program.

