

This training is exclusively for Family, Friends and Neighbors (FFN), and Early Care and Education Providers. Siskiyou participants may be eligible for \$100.00 stipend.

Yikes!

What Do I Do Now?

Strategies for Challenging Behaviors

Presented by

Beth Heavilin, MA Ed.

This training will provide an understanding of the biology and the meaning of behavior. The content will support an understanding of development, neurobiology, temperament and relationships that impact the way children express themselves. Providers will leave with a deeper understanding of the impact of their behaviors and the environment, along with clues and tools to develop successful strategies for social and emotional development.

Register at:

<https://www.surveymonkey.com/r/Yikes>

Questions? Call Margaret at 530.938.2748
No cost to participants. Lunch is included.
Child care is available.

Saturday, March 18th

Location: 9:00am - 3:30pm
Yreka Community Resource Center, 201 S. Broadway, Yreka

TRAINING OBJECTIVES

- Share a brief overview of brain development and how that impacts a child's reactions to their environment
- Think together about ages and stages and behaviors in different stages that can challenge the adults in the environment
- Share an understanding that behavior is a form of communication
- Explore the detective work around unpacking the behaviors that are hardest to handle
- Share strategies for adult regulation, child regulation and co-regulation

ABOUT OUR FACILITATOR

Beth Heavilin has worked in the field of early childhood for the past 30 years dedicating her efforts to support the wellbeing of young children and their families. Currently, she provides Infant-family and Early Childhood Mental Health Consultation for the California Department of Education and is the lead of a Humboldt County multi-disciplinary group called the 0 to 8 Mental Health Collaborative (MHC). Beth is the Director of the Humboldt, Infant-Family and Early Childhood Mental Health Training Program where she provides the facilitation of the program, content training and reflective practice. Her educational background includes a Bachelor's in Child Development and a Master's in Education with a focus on Child Development. She is a fellow of the Napa, Parent-Infant and Child Institute and the Reflective Supervision, Coaching and Facilitating Academy and a recipient of the 2019 Dr. Bruce Perry Spirit of the Child Award. Beth is endorsed by the State of California as a Transdisciplinary Infant-family and Early Childhood Mental Health practitioner and Reflective Practice Facilitator. She is a trainer for Touchpoints, Facilitating Attuned iNteractions (FAN) and a trainer of trainers for the International Association of Infant Massage.



Siskiyou Child



Care Council



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CCIP Child Care Initiative Project

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