



MAKE PARENTING A PLEASURE!

13 Wednesdays

March 8th - May 31st

5:30-7:30pm

Location:
Kahtishraam Wellness Center
1403 Kahtishraam, Yreka, CA

Sign-up by calling 530.842.5238

Dinner and child care will be provided.
No cost to participants.

Facilitated by

Cathy Connolly Scott

Cathy Connolly Scott is an experienced and passionate early childhood professional with more than 30 years experience working as a Head Start teacher. She is currently the Local Child Care Planning Council Coordinator and a Mentor/Coach for the Quality Counts Siskiyou QRIS program.

Do you have children ages birth to 8 years old?

Are you looking for ways to reduce stress and have an evening to talk with other parents about parenting topics?

In this 12-week evidence-based parenting class, you will get ideas to support your child's development, deal with discipline challenges, and learn more about communication, self-care, stress, and anger management.

This training is sponsored by:

