








November 2022

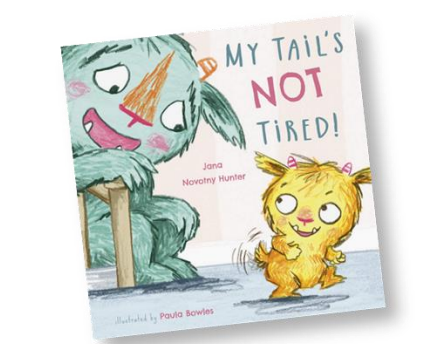
Events and Activities

First 5 Siskiyou, FRCs, and Community Partners invite you to join us in these virtual and in-person classes and activities for parents, caregivers, educators, health care providers, and those who work with children and youth. All of these classes and family events are provided free to participants -- for more information, visit : <https://first5siskiyou.org/special-events-trainings/> For assistance with registration, please call 530.918.7222.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>7 PLAY GROUP ~ Mt. Shasta CRC 10:00-11:30AM PLAY GROUP Yreka CRC ~ 10:30-12PM</p>	<p>1 PLAY GROUP McCloud Elementary School ~ 10:00-11:30AM PLAY GROUP ~ 1st Tues each month Happy Camp CC ~ 10-12PM PARENTING THE NURTURING WAY Carla Charraga ~ 5:30-7:30PM Discovery Children's Center at COS</p>	<p>2 PLAY GROUP ~ Dunsmuir CRC 10:00-11:30AM PLAY GROUP ~ HUB CFRC 10:30-12PM THERAPEUTIC PARENTING BASICS Ce Eshelman ~ 2:45-5PM STRENGTHENING FAMILIES FOR DADS & DAD-FIGURES 5:30-7:30PM</p>	<p>3 PLAY GROUP F&CRC of Weed ~ 10-11:30AM NURTURING PARENTING FOR GRANDPARENTS AND RELATIVE CAREGIVERS ~ 10-11:30AM THURSDAY NIGHT FAMILY GROUP - For families in recovery Yreka CRC ~ 6-7:15PM VIRTUAL BOOK CLUB 6:30-7:30PM</p>	<p>4 <i>zumbini.</i> Jillian Delabar-Galarsa Dunsmuir ~ 10-11AM <i>zumbini.</i> Jillian Delabar-Galarsa HUB CFRC, Montague ~ 10-11AM CHILD SEXUAL ABUSE PREVENTION Lane St. Children's Ctr ~ 12:30-3PM</p>
<p>14 PLAY GROUP ~ Mt. Shasta CRC 10:00-11:30AM PLAY GROUP Yreka CRC ~ 10:30-12PM</p> 	<p>8 PLAY GROUP McCloud Elementary School ~ 10:00-11:30AM PARENTING THE NURTURING WAY Carla Charraga ~ 5:30-7:30PM Discovery Children's Center at COS</p>	<p>9 PLAY GROUP ~ Dunsmuir CRC 10:00-11:30AM PLAY GROUP ~ HUB CFRC 10:30-12PM STRENGTHENING FAMILIES FOR DADS & DAD-FIGURES 5:30-7:30PM</p>	<p>10 NP for GRANDPARENTS 10-11:30AM PLAY GROUP F&CRC of Weed ~ 10-11:30AM THURSDAY NIGHT FAMILY GROUP - For families in recovery Yreka CRC ~ 6-7:15PM VIRTUAL BOOK CLUB 6:30-7:30PM</p>	<p>11 <i>zumbini.</i> Jillian Delabar-Galarsa Dunsmuir ~ 10-11AM <i>zumbini.</i> Jillian Delabar-Galarsa HUB CFRC, Montague ~ 10-11AM BREASTFEEDING SUPPORT Jenna Henson Marshal ~ 10-11AM</p>
<p>21 PLAY GROUP Yreka CRC ~ 10:30-12PM</p> 	<p>15 PLAY GROUP McCloud Elementary School ~ 10:00-11:30AM PARENTING THE NURTURING WAY Carla Charraga ~ 5:30-7:30PM Discovery Children's Center at COS</p>	<p>16 SUPPORT GROUP FOR ADOPTIVE PARENTS Leslie Damschroder ~ 9:30-11:30AM PLAY GROUP ~ Dunsmuir CRC 10:00-11:30AM PLAY GROUP ~ HUB CFRC 10:30-12PM MUSIC AND BRAIN DEVELOPMENT Scott Valley FRC ~ 5:30 - 7:15PM SF FOR DADS ~ 5:30-7:30PM</p>	<p>17 NP for GRANDPARENTS 10-11:30AM PLAY GROUP F&CRC of Weed ~ 10-11:30AM CHILD SEXUAL ABUSE PREVENTION BV Montessori ~ 5-7:15PM THURSDAY NIGHT FAMILY GROUP - For families in recovery Yreka CRC ~ 6-7:15PM VIRTUAL BOOK CLUB ~ 6:30-7:30PM</p>	<p>18  BREASTFEEDING SUPPORT Jenna Henson Marshal ~ 10-11AM</p>
<p>28 PLAY GROUP ~ Mt. Shasta CRC 10:00-11:30AM PLAY GROUP Yreka CRC ~ 10:30-12PM</p>	<p>22  PARENTING THE NURTURING WAY Carla Charraga ~ 5:30-7:30PM Discovery Children's Center at COS</p>	<p>23 PLAY GROUP ~ HUB CFRC 10:30-12PM STRENGTHENING FAMILIES FOR DADS & DAD-FIGURES 5:30-7:30PM</p> 		
<p>30 PLAY GROUP ~ Dunsmuir CRC 10:00-11:30AM PLAY GROUP ~ HUB CFRC 10:30-12PM STRENGTHENING FAMILIES FOR DADS & DAD-FIGURES 5:30-7:30PM</p>	<p>29 FAMILY HUI ~ Dunsmuir CRC 10-11:30AM PARENTING THE NURTURING WAY Carla Charraga ~ 5:30-7:30PM Discovery Children's Center at COS</p>			



This year we are excited to present – **'My Tail's NOT Tired!'**
by Jana Novoty Hunter
and illustrated by Paula Bowles



Siskiyou Family and Community Resource Centers

Dunsmuir CRC	530.235.4400
Happy Camp CC	530.493.5117
HUB Communities FRC	530.459.3481
Mt. Shasta CRC.....	530.926.1400
Scott Valley FRC	530.468.2450
Tulelake/Newell FRC	530.667.2147
Family & Community RC of Weed	530.938.9914
Yreka CRC	530.842.1313