

October 2022

Events and Activities

First 5 Siskiyou, FRCs, and Community Partners invite you to join us in these virtual and in-person classes and activities for parents, caregivers, educators, health care providers, and those who work with children and youth. All of these classes and family events are provided free to participants -- for more information, visit : <https://first5siskiyou.org/special-events-trainings/> For assistance with registration, please call 530.918.7222.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 PLAY GROUP ~ Mt. Shasta CRC 10:00-11:30AM 	4 PLAY GROUP ~ 1 st Tues each month Happy Camp CC ~ 10-12PM RAISING EMOTIONALLY HEALTHY CHILDREN ~ Weed Family & Community Resource Center 5:30-7:30PM	5 PLAY GROUP ~ Dunsmuir CRC 10:00-11:30AM THERAPEUTIC PARENTING BASICS Ce Eshelman ~ 2:45-5PM STRENGTHENING FAMILIES FOR DADS & DAD-FIGURES 5:30-7:30PM	6 PLAY GROUP F&CRC of Weed ~ 10-11:30AM NURTURING PARENTING FOR GRANDPARENTS AND RELATIVE CAREGIVERS ~ 10-11:30AM HOW TO LEAD A READY4K FAMILY WORKSHOP 11-12PM VIRTUAL BOOK CLUB 6:30-7:30PM	7 <i>zumbini.</i> Jillian Delabar-Galarsa Dunsmuir ~ 10-11AM Jillian Delabar-Galarsa HUB CFRC, Montague ~ 10-11AM BREASTFEEDING SUPPORT Jenna Henson Marshal ~ 10-11AM
10 PLAY GROUP ~ Mt. Shasta CRC 10:00-11:30AM 	11  RAISING EMOTIONALLY HEALTHY CHILDREN ~ Weed Family & Community Resource Center 5:30-7:30PM	12 PLAY GROUP ~ Dunsmuir CRC 10:00-11:30AM  STRENGTHENING FAMILIES FOR DADS & DAD-FIGURES 5:30-7:30PM	13 PLAY GROUP F&CRC of Weed ~ 10-11:30AM  VIRTUAL BOOK CLUB 6:30-7:30PM	14 <i>zumbini.</i> Jillian Delabar-Galarsa Dunsmuir ~ 10-11AM Jillian Delabar-Galarsa HUB CFRC, Montague ~ 10-11AM BREASTFEEDING SUPPORT Jenna Henson Marshal ~ 10-11AM
17 CHILD SEXUAL ABUSE PREVENTION ~ for BV Montessori Staff 1:45 - 4PM PLAY GROUP ~ Mt. Shasta CRC 10:00-11:30AM 	18  MOVEMENT-BASED LEARNING - 5:30-7:30PM Scott Valley FRC, Fort Jones PARENTING THE NURTURING WAY Carla Charraga - 5:30-7:30PM Discovery Children's Center at COS	19 SUPPORT GROUP FOR ADOPTIVE PARENTS Leslie Damschroder ~ 9:30-11:30AM PLAY GROUP ~ Dunsmuir CRC 10:00-11:30AM STRENGTHENING FAMILIES FOR DADS & DAD-FIGURES 5:30-7:30PM	20 PLAY GROUP F&CRC of Weed ~ 10-11:30AM NP for GRANDPARENTS 10-11:30AM THURSDAY NIGHT FAMILY GROUP - For families in recovery Yreka CRC ~ 6-7:15PM VIRTUAL BOOK CLUB ~ 6:30-7:30PM	21 <i>zumbini.</i> Jillian Delabar-Galarsa Dunsmuir ~ 10-11AM Jillian Delabar-Galarsa HUB CFRC, Montague ~ 10-11AM BREASTFEEDING SUPPORT Jenna Henson Marshal ~ 10-11AM
24 PLAY GROUP ~ Mt. Shasta CRC 10:00-11:30AM 	25 PLAY GROUP McCloud Elementary School ~ 10:00-11:30AM MOVEMENT-BASED LEARNING - 5:30-7:30PM Scott Valley FRC, Fort Jones PARENTING THE NURTURING WAY Carla Charraga - 5:30-7:30PM Discovery Children's Center at COS	26 PLAY GROUP ~ Dunsmuir CRC 10:00-11:30AM  STRENGTHENING FAMILIES FOR DADS & DAD-FIGURES 5:30-7:30PM	27 PLAY GROUP 10-11:30AM F&CRC of Weed NP for GRANDPARENTS 10-11:30AM MANDATED REPORTER TRAINING 10-12PM CHILD SEXUAL ABUSE PREVENTION 1:15-3:30PM THURS NIGHT FAMILY GROUP Yreka CRC ~ 6-7:15PM VIRTUAL BOOK CLUB 6:30-7:30PM	28 <i>zumbini.</i> Jillian Delabar-Galarsa Dunsmuir ~ 10-11AM Jillian Delabar-Galarsa HUB CFRC, Montague ~ 10-11AM BREASTFEEDING SUPPORT Jenna Henson Marshal ~ 10-11AM



Photo by Tarrah Harnden

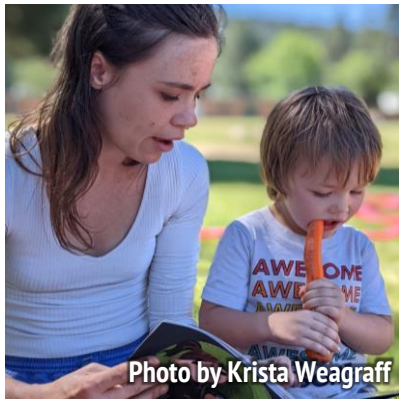


Photo by Krista Weagraff



Siskiyou Family and Community Resource Centers

Dunsmuir CRC	530.235.4400
Happy Camp CC	530.493.5117
HUB Communities FRC	530.459.3481
Mt. Shasta CRC	530.926.1400
Scott Valley FRC	530.468.2450
Tulelake/Newell FRC	530.667.2147
Family & Community RC of Weed	530.938.9914
Yreka CRC	530.842.1313