

September 2022

Events and Activities

First 5 Siskiyou, FRCs, and Community Partners invite you to join us in these virtual and in-person classes and activities for parents, caregivers, educators, health care providers, and those who work with children and youth. All of these classes and family events are provided free to participants -- for more information, visit :

<https://first5siskiyou.org/special-events-trainings/> For assistance with registration, please call 530.918.7222.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
--------	---------	-----------	----------	--------



1 PLAY GROUP ~ Bel Air Park Weed ~ 9:30-11AM
NURTURING PARENTING FOR GRANDPARENTS AND RELATIVE CAREGIVERS ~ 10-11:30AM
PLAY GROUP ~ Happy Camp ~ 6-8PM
VIRTUAL BOOK CLUB 6:30-7:30PM

2 BREASTFEEDING SUPPORT
 Jenna Henson Marshal ~ 10-11AM



5 Happy Labor Day!



6 GARDEN CONNECTION
 Siskiyou Land Trust Garden Mt. Shasta ~ 9:30-11AM
RAISING EMOTIONALLY HEALTHY CHILDREN ~ Weed Family & Community Resource Center
 5:30-7:30PM


7 GARDEN CONNECTION
 Dunsmuir Community Garden 9:30-11AM
PLAY GROUP - HUB CFRC 10:30-12PM
BACK TO SCHOOL - TACKLING ANXIETY TRAPS
 Ce Eshelman ~ 2:45-5PM
SF FOR DADS & DAD-FIGURES 5:30-7:30PM

8 PLAY GROUP ~ Bel Air Park Weed ~ 9:30-11AM
NURTURING PARENTING FOR GRANDPARENTS AND RELATIVE CAREGIVERS ~ 10-11:30AM
VIRTUAL BOOK CLUB 6:30-7:30PM

9 BREASTFEEDING SUPPORT
 Jenna Henson Marshal ~ 10-11AM



12 PLAY GROUP
 Yreka CRC ~ 10:30-12PM



13 GARDEN CONNECTION
 Siskiyou Land Trust Garden Mt. Shasta ~ 9:30-11AM
RAISING EMOTIONALLY HEALTHY CHILDREN ~ Weed Family & Community Resource Center
 5:30-7:30PM

14 GARDEN CONNECTION
 Dunsmuir Community Garden ~ 9:30-11AM
PLAY GROUP - HUB CFRC 10:30-12PM
STRENGTHENING FAMILIES FOR DADS & DAD-FIGURES 5:30-7:30PM

15 PLAY GROUP ~ Bel Air Park Weed ~ 9:30-11AM
NP for GRANDPARENTS 10-11:30AM
THURSDAY NIGHT FAMILY GROUP - For families in recovery
 Yreka CRC ~ 6-7:15PM
VIRTUAL BOOK CLUB ~ 6:30-7:30PM

16 BREASTFEEDING SUPPORT
 Jenna Henson Marshal ~ 10-11AM



19 PLAY GROUP
 Yreka CRC ~ 10:30-12PM
STOP YELLING 101
 Ce Eshelman ~ 6-7:30PM

20 GARDEN CONNECTION
 Siskiyou Land Trust Garden Mt. Shasta ~ 9:30-11AM
RAISING EMOTIONALLY HEALTHY CHILDREN ~ Weed Family & Community Resource Center
 5:30-7:30PM

21 GARDEN CONNECTION
 Dunsmuir Community Garden ~ 9:30-11AM
PLAY GROUP - HUB CFRC 10:30-12PM
SUPPORT GROUP FOR ADOPTIVE PARENTS ~ 9:30-11:30AM
 Leslie Damschroder
SF FOR DADS & DAD-FIGURES 5:30-7:30PM

22 PLAY GROUP ~ Bel Air Park Weed ~ 9:30-11AM
NP for GRANDPARENTS 10-11:30AM
CONSTRUCTIVE CONVERSATIONS AND QUALITY RELATIONSHIPS
 Ernie Mendes ~ 2:45-5PM
THURS NIGHT FAMILY GROUP
 Yreka CRC ~ 6-7:15PM
VIRTUAL BOOK CLUB 6:30-7:30PM

23 BREASTFEEDING SUPPORT
 Jenna Henson Marshal ~ 10-11AM



26 PLAY GROUP
 Yreka CRC ~ 10:30-12PM
ADVANCED STOP YELLING 201
 Ce Eshelman ~ 6-7:30PM

27 GARDEN CONNECTION
 Siskiyou Land Trust Garden Mt. Shasta ~ 9:30-11AM

REHC ~ Weed Family & Community Resource Center 5:30-7:30PM

28 GARDEN CONNECTION ~ Dunsmuir Community Garden ~ 9:30-11AM
PLAY GROUP - HUB CFRC 10:30-12PM
STRENGTHENING FAMILIES FOR DADS & DAD-FIGURES 5:30-7:30PM

29 NP for GRANDPARENTS 10-11:30AM
PLAY GROUP ~ Weed ~ 9:30-11AM
PLAY GROUP - HUB CFRC 10:30-12PM
SISKIYOU CAPC MEETING 12-1:30PM
THURS NIGHT FAMILY GROUP
 Yreka CRC ~ 6-7:15PM
VIRTUAL BOOK CLUB 6:30-7:30PM

30 BREASTFEEDING SUPPORT
 Jenna Henson Marshal ~ 10-11AM




All Photos by Krista Weagraff



Siskiyou Family and Community Resource Centers

Dunsmuir CRC	530.235.4400
Happy Camp CC	530.493.5117
HUB Communities FRC	530.459.3481
Mt. Shasta CRC.....	530.926.1400
Scott Valley FRC	530.468.2450
Tulelake/Newell FRC	530.667.2147
Family & Community RC of Weed	530.938.9914
Yreka CRC	530.842.1313