



# Welcome Home Baby!

In Home Breastfeeding and Newborn Support



TALK, READ, SING, PLAY, EVERYDAY!

**FIRST 5**  
**Siskiyou**

CHILDREN & FAMILIES COMMISSION

# About

*Welcome Home Baby! provides Siskiyou County's new parents with information, support and a trusted partner to guide you through the journey of early parenthood.*

*All parents are eligible for 1-3 visits with an experienced registered nurse specializing in new mom and baby care.*

## Services Offered

- Newborn information and support
- Personalized answers to questions a mom or dad may have
- Register for Dolly Parton's Imagination Library
- Parenting books shared through the library of resources.
- Sign up for a free evidence based text message parenting education program "Ready4K"

**Extra visits provided to resolve breast-feeding issues as needed**

## We May Review:

- Newborn care
- Infant sleep
- Crying and soothing
- Infant feeding & nutrition for mom
- Postpartum blues & recovery
- Referral to resources as needed
- Recommended reading & favorite websites

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**Andrea Vyeniolo**

*International Board Certified Lactation  
Consultant and Registered Nurse*

**Mobile: 760-709-1313**

**Email: [Drey@first5siskiyou.org](mailto:Drey@first5siskiyou.org)**

**Website: [first5siskiyou.org](http://first5siskiyou.org)**

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