

# Raising Emotionally Healthy Children



MEETING THE 5 CRITICAL NEEDS OF CHILDREN  
... AND PARENTS TOO!



A 12-week series

July 5<sup>th</sup> to Sept 20<sup>th</sup>

Tuesdays | 5:30-7:30PM

Location: Weed Community Center  
161 E. Lincoln Street, Weed  
Dinner and child care will be provided.

Register by calling 530.938.9914

This unique free program for parents, educators, and caregivers is a fun and educational discussion based on the recently updated book *How to Raise Emotionally Healthy Children ...* by Gerald Newmark, Ph.D.

Information will be provided about how to nourish emotional health at home and at school and satisfy the critical emotional needs that all children have--- to feel respected, important, accepted, included and secure.



Facilitated by:

**Monica Quintero**

**Monica Quintero** currently works as a Home Visitor for Shasta Head Start and has over 12 years of professional experience in providing services for children and families and as an English/Spanish translator. She earned a Bachelor of Arts degree in Early Childhood Education from Southern Oregon University and graduated with honors.

TALK, READ, SING, PLAY, EVERYDAY!

**FIRST 5**  
Siskiyou  
CHILDREN & FAMILIES COMMISSION

