

# June 2022

## Events and Activities

First 5 Siskiyou, FRCs, and Community Partners invite you to join us in these virtual and in person classes and activities for parents, caregivers, educators, health care providers, and those who work with children and youth. All of these classes and family events are provided free to participants -- for more information, visit : <https://first5siskiyou.org/parenting-education-classes> For assistance with registration, please call 530.918.7222.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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**1** **Play Group ~ Dunsmuir CRC**  
9:30-11AM

Summertime -- and the Livin' is Easy ~ Ce Eshelman ~ 2:45-5PM

Strengthening Families for Dads & Dad-Figures  
Toby & Fernie ~ 5:30-7:30PM

**2** **NP for Grandparents**  
Gloria ~10-11:30AM  
**Play Group ~ Weed** ~ 9:30-11AM  
**Play Group ~ HUB CFRC** 10:30-12PM  
**Family Hui ~ Weed** ~ 5:30-7PM  
**Make Parenting a Pleasure**  
Tulelake ~ 5:30-7:30PM  
**Virtual Book Club ~ 6:30-7:30PM**  
**SF with emphasis on Recovery**  
Katy & Toby ~ 6-7:15PM

**3** 

**Breastfeeding Support**  
Jenna Henson Marshal ~ 10-11AM



**6** **REHC ~ Cathy Scott**  
10-11:30AM  
**Play Group**  
Yreka CRC ~ 10:30-12PM


**Juggling Class**  
Jeremy Vik ~ 5:30-6PM

**At Home with Everyday Math Fun!**  
Carol Wheeler ~ 5:30-7PM

**7** **Play Group ~ 1st Tuesday**  
each month  
Happy Camp CC ~ 10-12PM

**Attachment Vitamins**  
Dunsmuir CRC ~ 10:30-12PM  
**Virtual Book Club ~ 12-1PM**

**Nurturing Parenting for School-age Children**  
Weed CC~ 5:30-7:30PM

**8** 

**Child Sexual Abuse Prevention**  
Virtual ~ 9:30 - 11:30AM

**Strengthening Families for Dads & Dad-Figures**  
Toby & Fernie ~ 5:30-7:30PM

**Fathering Workshop**  
Marty Sochet ~ MS CRC ~ 6-8PM

**9** **NP for Grandparents**  
Gloria ~10-11:30AM  
**Play Group ~ HUB CFRC**  
10:30-12PM

**Family Hui ~ Weed** ~ 5:30-7PM  
**Make Parenting a Pleasure**  
Tulelake ~ 5:30-7:30PM

**Virtual Book Club ~ 6:30-7:30PM**  
**SF with emphasis on Recovery**  
Katy & Toby ~ 6-7:15PM

**10** 

**Breastfeeding Support**  
Jenna Henson Marshal ~ 10-11AM

**Farmer's Market Play Group**

Join us for fun and learning at the Farmers Market!

**Thursdays - starting June 16<sup>th</sup> from 6-8pm**

**Gail Zink Park**  
134 Park Way, Happy Camp

**13** **REHC ~ Cathy Scott**  
10-11:30AM  
**Play Group ~ Shastice Park**  
Mt. Shasta 9:30-11AM

**Play Group**  
Yreka CRC ~ 10:30-12PM  
**Juggling Class ~ 5:30-6PM**

**At Home with Everyday Math Fun!**  
Carol Wheeler ~ 5:30-7PM

**Child Sexual Abuse Prevention**  
Katie ~ HCCC ~ 5:30 - 7:30PM

**14** **Garden Connection**  
Siskiyou Land Trust  
Garden ~ Mt. Shasta ~ 9:30-11AM

**Attachment Vitamins**  
Dunsmuir CRC ~ 10:30-12PM  
**Virtual Book Club ~ 12-1PM**

**Nurturing Parenting for School-age Children**  
Weed CC~ 5:30-7:30PM

**15** **Support Group for Adoptive Parents** ~ 9:30-11:30AM  
Leslie Damschroder

**Garden Connection ~ Dunsmuir**  
Community Garden ~ 9:30-11AM

**Resilient Mindsets**  
Ernie Mendes ~ 2-4:45-5PM

**Child Sexual Abuse Prevention**  
Tulelake ~ 5:30-7:30PM

**SF for Dads & Dad-Figures**  
Toby & Fernie ~ 5:30-7:30PM

**16** **NP for Grandparents**  
Gloria ~10-11:30AM  
**Play Group ~ Weed** ~ 9:30-11AM  
**Play Group ~ HUB CFRC**  
10:30-12PM

**Family Hui ~ Weed** ~ 5:30-7PM  
**Make Parenting a Pleasure**  
Tulelake ~ 5:30-7:30PM


**Virtual Book Club ~ 6:30-7:30PM**  
**SF with emphasis on Recovery**  
Katy & Toby ~ 6-7:15PM

**17** **zumbini.**

Jillian Delabar-Galarsa  
Paul Garrison Picnic Pavillion ~ Fort Jones ~ 10-11AM

Jillian Delabar-Galarsa  
Hoo Hoo Park ~ McCloud ~ 2-3PM

**Breastfeeding Support**  
Jenna Henson Marshal ~ 10-11AM

**20** 

**At Home with Everyday Math Fun!**  
Carol Wheeler ~ 5:30-7PM

**21** **Garden Connection**  
Siskiyou Land Trust  
Garden ~ Mt. Shasta ~ 9:30-11AM

**Virtual Book Club ~ 12-1PM**

**Child Sexual Abuse Prevention**  
Katie Eastman  
Dunsmuir CRC ~ 5:30 - 7:30PM

**NP for School-age Children**  
Weed CC~ 5:30-7:30PM

**22** **Garden Connection ~ Dunsmuir**  
Community Garden ~ 9:30-11AM

**Do You Know About ACEs?**  
QVIR Gymnasium ~ 5:30-7:30PM

**Strengthening Families for Dads & Dad-Figures**  
Toby & Fernie ~ 5:30-7:30PM

**23** **NP for Grandparents**  
Gloria ~10-11:30AM  
**Play Group ~ Weed** ~ 9:30-11AM  
**Play Group ~ HUB CFRC**  
10:30-12PM

**Family Hui ~ Weed** ~ 5:30-7PM  
**Make Parenting a Pleasure**  
Tulelake ~ 5:30-7:30PM

**Virtual Book Club ~ 6:30-7:30PM**  
**SF with emphasis on Recovery**  
Katy & Toby ~ 6-7:15PM

**24** **zumbini.**

Jillian Delabar-Galarsa  
Paul Garrison Picnic Pavillion ~ Fort Jones ~ 10-11AM

Jillian Delabar-Galarsa  
Hoo Hoo Park ~ McCloud ~ 2-3PM

**Breastfeeding Support**  
Jenna Henson Marshal ~ 10-11AM



**27** **Play Group ~ Shastice Park**  
Mt. Shasta ~ 9:30-11AM

**Play Group**  
Yreka CRC ~ 10:30-12PM

**Juggling Class**  
Jeremy Vik ~ 5:30-6PM

**28** **Garden Connection**  
Siskiyou Land Trust  
Garden ~ Mt. Shasta ~ 9:30-11AM

**Virtual Book Club ~ 12-1PM**

**Ready4K Family Fun Hour!** 3-4PM

**NP for School-age Children**  
Weed CC~ 5:30-7:30PM


**29** **Garden Connection ~ Dunsmuir**  
Community Garden ~ 9:30-11AM

**30** **NP for Grandparents**  
Gloria ~10-11:30AM  
**Play Group ~ Weed** ~ 9:30-11AM  
**Play Group ~ HUB CFRC**  
10:30-12PM

**Virtual Book Club ~ 12-1PM**  
**Family Hui ~ Weed** ~ 5:30-7PM

Tulelake ~ 5:30-7:30PM  
**SF with emphasis on Recovery**  
Katy & Toby ~ 6-7:15PM

**Siskiyou Child Abuse Prevention Council (CAPC) Luncheon Meeting**  
Siskiyou Strengthening Families Collaborative  
**Thursday, June 30 ~ 12-2PM**

 Join us – Together Everyone Achieves More!

**Siskiyou Family and Community Resource Centers**

Dunsmuir CRC	530.235.4400
Happy Camp CC	530.493.5117
HUB Communities FRC	530.459.3481
Mt. Shasta CRC	530.926.1400
Scott Valley FRC	530.468.2450
Tulelake/Newell FRC	530.667.2147
Family & Community RC of Weed	530.938.9914
Yreka CRC	530.842.1313