




May 2022

Events and Activities

First 5 Siskiyou, FRCs, and Community Partners invite you to join us in these virtual and in person classes and activities for parents, caregivers, educators, health care providers, and those who work with children and youth. All of these classes and family events are provided free to participants -- for more information <https://first5siskiyou.org/parenting-education-classes>

For assistance with registration, please call 530.918.7222.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>2 REHC ~ Cathy Scott 10-11:30AM Play Group ~ Mt. Shasta CRC 10-11:30AM Play Group Yreka CRC ~ 2-3:30PM Juggling Class Jeremy Vik ~ 5:30-6PM</p>	<p>3 Attachment Vitamins Jillian ~ Dunsmuir CRC 10:30-11:30AM NP for School-age Children Carla Charraga ~ 5:30-7:30PM NP & Teen Relationships Tonya & Giovanna ~ 5:45-7:45PM</p>	<p>4 Play Group ~ Dunsmuir CRC 10-11:30AM Play Group ~ HUB CFRC Montague ~ 1-2:30PM Review of the Very Nitty-Gritty Basics of Therapeutic Parenting Ce Eshelman ~ 2:45-5PM SF for Dads & Dad-Figures Toby & Fernie ~ 5:30-7:30PM</p>	<p>5 NP for Grandparents Gloria ~10-11:30AM Play Group ~ Weed ~ 10-11:30AM Play Group ~ HUB CFRC ~ 1-2:30PM Family Hui ~ Weed ~ 5:30-7PM MPAP ~ Carla ~ 5:30-7:30PM Parenting Now ~ Tammy ~ 6-8PM Book Club ~ 6:30-7:30PM SF with emphasis on Recovery Katy & Toby ~ 6-7:15PM</p>	<p>6 <i>zūmbini.</i> Jillian Delabar-Galarsa Bel Air Park, Weed ~ 10-11AM Breastfeeding Support Jenna Henson Marshal ~ 10-11AM</p>	
<p>9 REHC ~ Cathy Scott 10-11:30AM Play Group ~ Mt. Shasta CRC 10-11:30AM Play Group Yreka CRC ~ 2-3:30PM Juggling Class Jeremy Vik ~ 5:30-6PM</p>	<p>10 Attachment Vitamins Dunsmuir CRC 10:30-12PM NP for School-age Children Carla Charraga ~ 5:30-7:30PM NP & Teen Relationships Tonya & Giovanna ~ 5:45-7:45PM</p>	<p>11 Play Group ~ Dunsmuir CRC 10-11:30AM Play Group ~ HUB CFRC Montague ~ 1-2:30PM Vaping and Young People Bruce Baldwin ~ 3:30-5PM SF for Dads & Dad-Figures Toby & Fernie ~ 5:30-7:30PM</p>	<p>12 NP for Grandparents Gloria ~10-11:30AM Play Group ~ Weed ~ 10-11:30AM Play Group ~ HUB CFRC ~ 1-2:30PM Family Hui ~ Weed ~ 5:30-7PM MPAP ~ Carla ~ 5:30-7:30PM Parenting Now ~ Tammy ~ 6-8PM Book Club ~ 6:30-7:30PM SF with emphasis on Recovery Katy & Toby ~ 6-7:15PM</p>	<p>13 <i>zūmbini.</i> Jillian Delabar-Galarsa Bel Air Park, Weed ~ 10-11AM Breastfeeding Support Jenna Henson Marshal ~ 10-11AM</p>	
<p>16 REHC ~ Cathy Scott 10-11:30AM Play Group ~ Shastice Park Mt. Shasta 10-12PM Play Group ~ Yreka CRC 2-3:30PM Juggling Class Jeremy Vik ~ 5:30-6PM</p>	<p>17 Attachment Vitamins Dunsmuir CRC 10:30-12PM NP for School-age Children Carla Charraga ~ 5:30-7:30PM NP & Teen Relationships Tonya & Giovanna ~ 5:45-7:45PM</p>	<p>18 Support Group for Adoptive Parents ~ 9:30-11:30AM Leslie Damschroder Play Group ~ Dunsmuir CRC 10-11:30AM Play Group ~ HUB CFRC Montague ~ 1-2:30PM Resilient Mindsets ~ Ernie Mendes 2-4:55PM SF for Dads & Dad-Figures Toby & Fernie ~ 5:30-7:30PM</p>	<p>19 NP for Grandparents Gloria ~10-11:30AM Play Group ~ Weed ~ 10-11:30AM Play Group ~ HUB CFRC ~ 1-2:30PM Family Hui ~ Weed ~ 5:30-7PM MPAP ~ Carla ~ 5:30-7:30PM Parenting Now ~ Tammy ~ 6-8PM Book Club ~ 6:30-7:30PM SF with emphasis on Recovery Katy & Toby ~ 6-7:15PM</p>	<p>20  Breastfeeding Support Jenna Henson Marshal ~ 10-11AM</p>	
<p>23 REHC ~ Cathy Scott 10-11:30AM Play Group ~ Mt. Shasta CRC 10-11:30AM Play Group Yreka CRC ~ 2-3:30PM At Home with Everyday Math Fun! Carol Wheeler ~ 5:30-7PM Juggling Class Jeremy Vik ~ 5:30-6PM</p>	<p>24 Play Group ~ 10-11:30AM Mt. Shasta CRC Attachment Vitamins Dunsmuir CRC ~ 10:30 - 12PM Ready4K Family Fun Hour! 3-4PM NP for School-age Children Carla Charraga ~ 5:30-7:30PM NP & Teen Relationships Tonya & Giovanna ~ 5:45-7:45PM</p>	<p>25 Play Group Dunsmuir Community Garden ~ 10-12PM Play Group ~ HUB CFRC Montague ~ 1-2:30PM SF for Dads & Dad-Figures Toby & Fernie ~ 5:30-7:30PM Child Sexual Abuse Prevention Carla Charraga ~ 5:45 - 7:45PM</p>	<p>26 NP for Grandparents Gloria ~10-11:30AM Play Group ~ Weed ~ 10-11:30AM Play Group ~ HUB CFRC ~ 1-2:30PM Family Hui ~ Weed ~ 5:30-7PM MPAP ~ Carla ~ 5:30-7:30PM Parenting Now ~ Tammy ~ 6-8PM Book Club ~ 6:30-7:30PM SF with emphasis on Recovery Katy & Toby ~ 6-7:15PM</p>	<p>27  Breastfeeding Support Jenna Henson Marshal ~ 10-11AM</p>	
<p>30 Memorial Day Holiday </p>	<p>31 Play Group ~ 10-11:30AM Mt. Shasta CRC Attachment Vitamins Dunsmuir CRC ~ 10:30 - 12PM Book Club ~ 12-1PM NP for School-age Children Carla Charraga ~ 5:30-7:30PM NP & Teen Relationships Tonya & Giovanna ~ 5:45-7:45PM</p>	<p>Siskiyou Child Abuse Prevention Council (CAPC) Meeting Siskiyou Strengthening Families Collaborative Thursday, May 26 ~ 12-2PM</p>			

Join us – Together Everyone Achieves More!



CHILD ABUSE PREVENTION
COUNCIL



On Sundays!

April 3 – May 22
3-5PM

Attachment Vitamins
Happy Camp
Community Center

530.493.5117

**Siskiyou Family and
Community Resource Centers**

Dunsmuir CRC	530.235.4400
Happy Camp CC	530.493.5117
HUB Communities FRC	530.459.3481
Mt. Shasta CRC	530.926.1400
Scott Valley FRC	530.468.2450
Tulelake/Newell FRC	530.667.2147
Family & Community RC of Weed	530.938.9914
Yreka CRC	530.842.1313