

SUPPORTING CHILDREN AND YOUTH THROUGH CHALLENGING TIMES AND DIFFICULT BEGINNINGS

A monthly virtual series presented by Ce Eshelman, LMFT, Attachment and Trauma Specialist, and Author



UPCOMING CLASSES

1st Wednesday of each month

Wednesday, May 4th
2:45 - 5:00pm

Review of the Very, Nitty-Gritty Basics of Therapeutic Parenting

We know you know this, and we know it is hard to practice on the day to day. We got you. This is review for some and news for others. Either way, this is the path to living a more joyful life with children from difficult beginnings.

Wednesday, June 1st
2:45 - 5:00pm

Summertime and the Livin' Is Easy — Or Maybe Not

Summer can be a fun, carefree time of year. No school. No stress. What? No school? This workshop will be full of ideas and suggestions for how to make this summer mindful and delightful. It is possible.



Ce Eshelman, LMFT

Register for these sessions at: <https://tinyurl.com/yft6wurh>

LIVE via Zoom

Questions? 530.598.3905

Ce Eshelman, LMFT, is an Attachment and Trauma Specialist and adoptive mom with a private practice, **The Attach Place**, in Sacramento. She is the facilitator of **The Love Matters Parenting Society**, an online annual membership for becoming great therapeutic parents while thriving at the same time. ce@attachplace.com

