

April is Child Abuse Prevention Awareness Month
Support Children – Support Families!

MAKE PARENTING A PLEASURE!

in English and Spanish

12 Thursdays

April 14th to June 30th
5:30-7:30pm

Location:
Tulelake/Newell Family Resource Center
800 Main Street, Tulelake, CA

Sign-up by calling **530.667.2147**

Dinner and child care will be provided.
No cost to participants.

Facilitated by

Carla Charraga

Carla Charraga has extensive professional experience in working with families and youth and in facilitating numerous groups including parenting classes and on topics of cultural sensitivity and domestic violence. She earned a Bachelor of Arts degree from UC Berkeley and is a certified Anger Replacement Therapy (ART) Facilitator. Carla is fluent in Spanish and English, and is Executive Director at Siskiyou Domestic Violence and Crisis Center.

Do you have children ages birth to 8 years old?

Are you looking for ways to reduce stress and have an evening to talk with other parents about parenting topics?

In this 12-week evidence-based parenting class, you will get ideas to support your child's development, deal with discipline challenges, and learn more about communication, self-care, stress, and anger management.



CHILD ABUSE PREVENTION COUNCIL

