



This class will provide up-to-date information and is designed specifically to meet the needs of grandparents, relatives and other caregivers who are parenting children. Recognized as one of the top parenting programs in the country, Nurturing Parenting is a group-based program with over 30 years of research designed to help develop caring and nurturing parenting skills.

# Parenting the Nurturing Way®

## for Grandparents and Other Relative Caregivers

Facilitated by  
**Gloria Endres, MSW, CLC**

Gloria Endres has extensive experience as a Social Worker, is a Certified Life Coach, and is a trained NPP facilitator. She has facilitated numerous groups for parents, grandparents, and relative caregivers and is passionate about working with children and families in the areas of adoption, foster care, grandparents raising grandchildren, and the aging.



Gloria Endres and her Granddaughter

**Thursdays | 10-11:30am**

These virtual sessions are ongoing each Thursday. We hope you can join us!

Questions? (530) 926-1400

**LIVE via ZOOM**  
No charge to participants.

**This class offers tools to help families become stronger, more connected, and attached.**

We will focus on the development of empathy, self-worth, self-awareness, empowerment, discipline with dignity, appropriate family roles, and age-appropriate expectations of children's development. Raising your grandchildren or relative children, while challenging, can also be incredibly rewarding.

Register in advance at:

<https://tinyurl.com/y4f3uct7>

After registering, you will receive a confirmation email with information to join the class.

TALK, READ, SING, PLAY, EVERYDAY!

