

Ce Eshelman, LMFT, Attachment and Trauma Specialist, and Author presents a monthly virtual series focusing on...

Supporting Children and Youth through Challenging Times and Difficult Beginnings



Therapeutic Parenting 101

Introduction to the Basics ~ Part 2

October 6th
2:30-5:00pm

We hope you will join Ce Eshelman in these upcoming classes! → Register for each individual session at: <https://tinyurl.com/yft6wurh>

Wednesday, October 6th ~ 2:30 - 5:00pm

Therapeutic Parenting 101 ~ Introduction to the Basics ~ Part 2

Building upon Part 1's principles, Part 2 gets down to applying these principles to your real life. This will be a working session where you will have a chance to talk through some of your challenges and your child's challenges using therapeutic parenting principles and strategies.

Wednesday, November 3rd ~ 2:30 - 5:00pm

Creating Peaceful Holidays with Children from Difficult Beginnings

Is it possible to enjoy the holidays with children who are easily dysregulated? Yes, if you take the time to plan and accommodate neurodiversity into the fun.

Wednesday, December 1st ~ 2:30 - 5:00pm

Emotion Regulation Strategies for Children from Difficult Beginnings

Calm the kid, calm the blow-ups and meltdowns, calm the chaos. These strategies can be used anywhere - home, park, school - everywhere you go.

Questions? 530.598.3905

These classes are LIVE via Zoom on the 1st Wednesday of each month and are for parents, caregivers, educators, and those who work with children and youth.

Ce Eshelman, LMFT



Therapeutic Parenting 101 ~ Introduction to the Basics ~ Part 2

Learn therapeutic parenting by understanding therapeutic parenting principles. These are principles based on Bruce Perry's Neurosequential Model of Therapeutics.

Ce Eshelman, LMFT, is an Attachment and Trauma Specialist and adoptive mom with a private practice, **The Attach Place**, in Sacramento. She is the facilitator of **The Love Matters Parenting Society**, an online annual membership for becoming great therapeutic parents while thriving at the same time. ce@attachplace.com

