

# Strengthening Families

A 10-week program to improve communications and strengthen family relationships.

For parents and youth 10-17 years.



Each Tuesday

April 27 through June 29, 2021  
12:45pm-3:00pm

Location: 269 Sharps Road, Yreka (Visiting Room)  
Register by calling 530.459.3481.

Lunch will be provided.

## Parents:

Do you have trouble starting important conversations with pre-teens and teens? Are you worried about choices being made by your children?

## Teens:

Are you worried about your future? Do you want to learn how to make good decisions so you can build a successful future for yourself?

**Strengthening Families Program is a chance to learn new ways to connect with your teen and pre-teens and enhance family relationships.**



Chrissy Montgomery is a Childhood Development Specialist for the Siskiyou Community Resource Collaborative, facilitator, and an Opioid Recovery Advocate. She has earned a Bachelor of Arts from Simpson University and is an experienced facilitator in many groups including Girls Circle and Nurturing Parenting. She is a parent of two school-aged children, and has a passion for helping youth and families succeed in life.

## Strengthening Families Co-Facilitators

Giovanna Taormina is the Founder of One Circle Foundation. She provides training and consultation nationwide, along with evidence-based curricula that are utilized internationally and are applied to programs in education, behavioral health, juvenile probation, child services, public health, and community-based programs.