

Parenting in Oz!

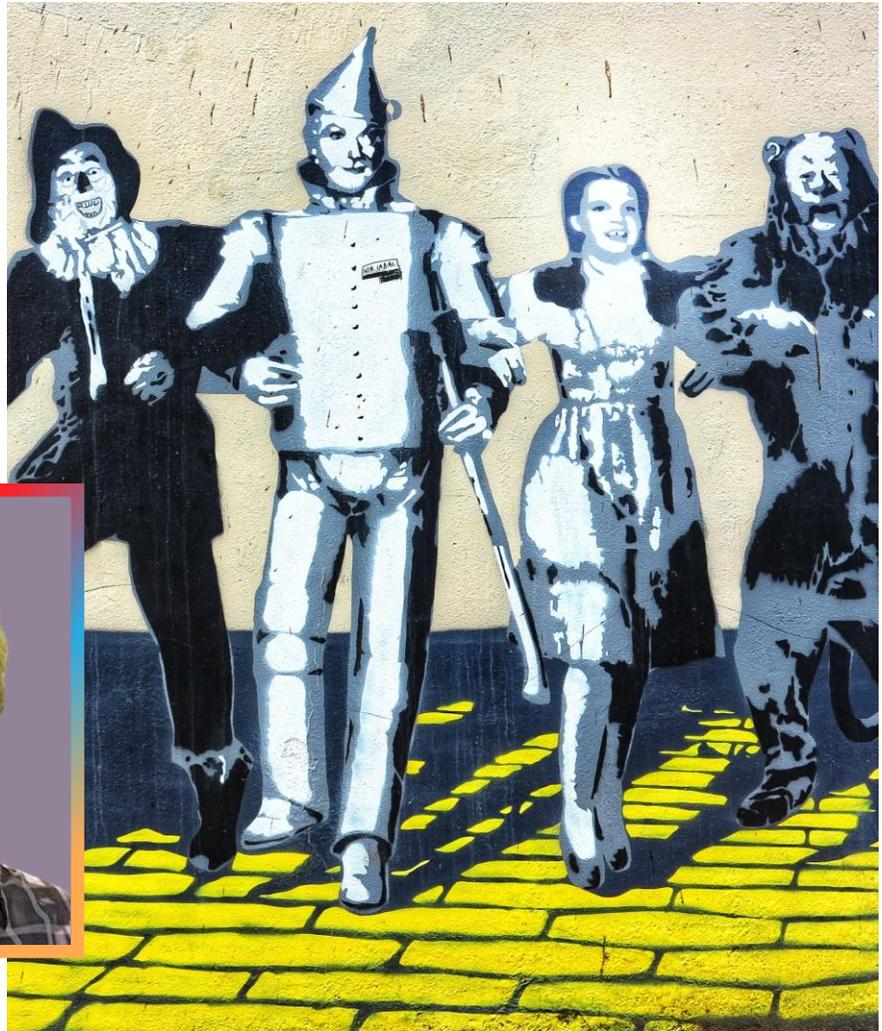
TRAUMA-INFORMED PARENTING

FREE CEUs
available to
LCSWs, LMFTs

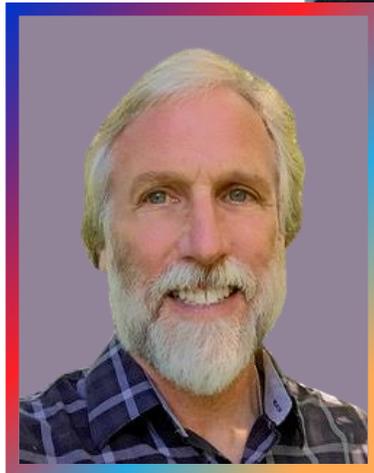
More information
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Parenting In Oz! is an experiential, memorable, trauma-informed, parenting curriculum designed to help parents and professionals understand and respond therapeutically to the acting-out behaviors often exhibited by children who have experienced the trauma of neglect, abuse, and loss.

Join us in this virtual training to learn about a very unique and healing way to care for traumatized children!



RSVP



Presented by
Rolf Van Leeuwen, MSW

Utilizing the colorful imagery of the “Wizard of Oz”, this unique training helps participants visualize the ever-present fears at the core of childhood trauma. Equally important, the metaphor and vivid imagery from an emergency room is utilized to redefine the job description of parenting a traumatized child from that of a typical, well-intentioned, and skilled parent, to that of a professional doctor, trained specifically to treat and heal the hidden emotional wounds of a traumatized child.

Trauma-informed parenting is a paradigm shift for many parents who have often been trained to utilize tools designed to bring external controls to address or remediate problematic behaviors within a particular environment. It is based upon understanding and providing tools to heal the trauma that underlies these difficult behaviors with the belief that internal healing can address difficult behaviors more completely and across a broader range of environments. The experiential nature of this training uses multi-sensory techniques including graphic imagery, sound, music, humor, storytelling, and cultural-based metaphors allowing participants to understand, integrate, and perhaps most important, quickly access and apply the lessons learned in this training as they work with the children in their care.

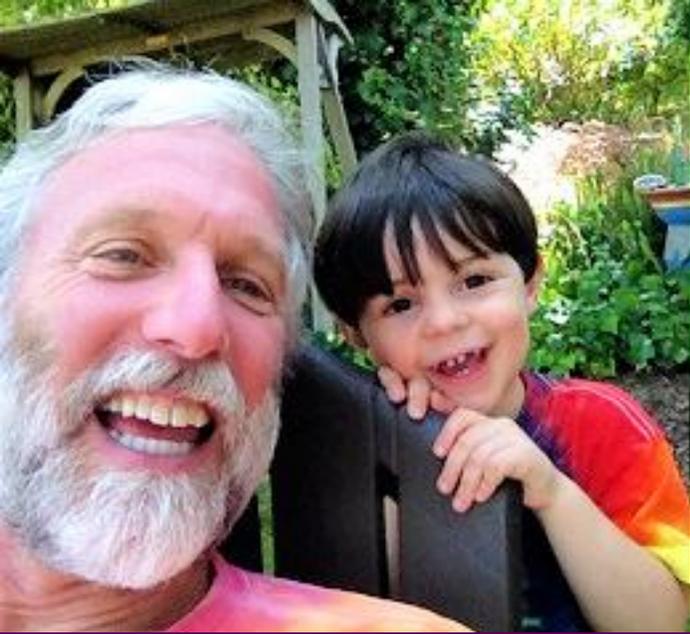
MAY 13TH & 20TH

9AM - 12:30PM

Register at: <https://tinyurl.com/3rne8d55>

Questions? 530.598.3905

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Rolf Van Leeuwen, MSW

Rolf Van Leeuwen, MSW has worked as a Social Worker in foster care and adoption for 31 years. During this time, he has been a caseworker for 18 years, a Program Director, a Regional Director at an adoption agency, and the Director of Adoptions at Alternative Family Services.

Rolf says that his “REAL education” began 27 years ago after he and his wife became foster parents for a little, 10-year-old girl. His eyes were opened to what it actually felt like to parent a traumatized child – “it was very humbling!” Rolf and his wife were eventually able to adopt their foster daughter, Jennifer, when she was 15. He still regards this as one of the happiest moments of his life – and one of the most difficult journeys! Jennifer is now 37, married and has a son -- and Rolf is the “obnoxiously proud” grandfather of nine-year-old Aidan.

Parenting in Oz!

TRAUMA-INFORMED PARENTING

GOAL:

To present **Trauma-Informed Parenting** information to parents in a culturally sensitive, multi-sensory manner so that parents and professionals remember and can intervene with trauma-informed practices on a daily basis.

LEARNING OBJECTIVES:

Part 1: Welcome, Introductions, and Class Overview

1. Understanding trauma and PTSD and how they impact children and caregivers
2. Understanding “Developmental Trauma Disorder”
3. Recognizing the possibility of “Post Traumatic Growth”

Part 2: Introduction to Trauma, PTSD, Impact on Children and Caregivers

1. Understanding why Trauma-Informed Parenting is essential for healing and integrating trauma
2. Developing a cognitive and emotional understanding of trauma and its impact
3. Recognizing trauma triggers and their effects
4. Understanding the paradigm shift necessary for trauma-informed parenting
5. Understanding that parents and caregivers need be a “healer” instead of merely a “teacher”

Part 3: Dysregulation, Regulation, and Co-Regulation

1. Being able to define and identify examples of dysregulation, regulation, and co-regulation
2. Recognizing our own dysregulation and trauma triggers
3. Understanding the “Stress Model of Parenting”
4. Understanding the brain and how it operates under stress and in response to trauma

Part 4: Tools of Intervention when Someone is Dysregulated

1. Measuring Stress – understanding the “window of stress tolerance”
2. Using Self-Regulation – a tool to co-regulate the dysregulated child
3. Co-Regulation – using “Step Forward/Step Back”

CONTINUING EDUCATION INFORMATION

Therapists, Social Workers, and Counselors:

Lilliput Families is approved by the California Association of Marriage and Family Therapists (CAMFT - Provider #66256) to sponsor continuing education for Licensed Clinical Social Workers, and Licensed Marriage and Family Therapists. Lilliput maintains responsibility for this program/course and its content. This course meets the qualifications for 6 hours of continuing education credit for LMFTs or LCSWs, as required by the California Board of Behavioral Sciences. CEUs will be provided by email within two weeks of the training date.

CEUs are free of cost to participants.

Additional Information:

This training is free of cost.

Sign-in: 8:45am - 9:00am

Training: 9:00am - 12:30pm

Pre-registration is required.

Register at: <https://tinyurl.com/3rne8d55>

Cancellation Policy:

If you are UNABLE TO ATTEND, please notify Leslie Damschroder by phone at 530.826.6016 or email (ldamschroder@wayfinderfamily.org) to cancel in order to allow space for other participants as space is limited.

Grievances:

Grievance Policies and Procedures are available upon request:

Please call or email at: 530.826.6016 or ldamschroder@wayfinderfamily.org.

