

The ABC's of Parenting



For
Parents and
their Children

5 to 8 Years



Facilitated by
Cathy Connolly Scott



A Virtual 12-week Series
March 17th to June 2nd
Wednesdays – 5:30-7PM

Nurturing Parenting[®]

In these 12 sessions, parents will learn about Nurturing Parenting skills and ways to encourage their children's success through good communication and life skills. Topics will include positive discipline and communication, helping children express their feelings, and strategies for building self-worth and personal power. In addition, parents will increase their skills and knowledge in:

- Promoting school success through relationships with teachers
- Establish positive discipline through family rules, rewards, and alternatives
- Express their anger and stress in healthy ways that do not hurt themselves and their children

Each session will close with a family activity including the children.

Register online at:
<http://bit.ly/2ZkqgS3>

For more information, and to register by phone,
call Florrine at 530.598.0768.



Cathy Connolly Scott is an experienced and passionate early childhood professional with more than 30 years experience working as a Head Start teacher. She is currently the Local Child Care Planning Council Coordinator and a Mentor/Coach for the Quality Counts Siskiyou QRIS program.

