

# SUPPORTING CHILDREN AND YOUTH THROUGH CHALLENGING TIMES AND DIFFICULT BEGINNINGS

These classes are for parents, caregivers, and those who work with children and youth.



Register for all sessions at:  
<https://tinyurl.com/y5moaxdq>

Questions? 530.918.7222

Wednesday, April 7<sup>th</sup> ~ 2:30 - 5:00pm

## Parenting Dysregulation and Dismaturity in Traumatized Children

The two issues most difficult to parent in traumatized children--dysregulation and dysmaturity. Learn to spot them in action and how to deal with both in your home for calmer family life.

Wednesday, May 5<sup>th</sup> ~ 2:30 - 5:00pm

## Traumatized Children Need Specialized Parenting

Learn the basics of therapeutic parenting principles and practices that you can go home and begin today.

Wednesday, June 2<sup>nd</sup> ~ 2:30 - 5:00pm

## Living with Neurodiverse Children – An Advanced Skill Building Workshop

Does your child have a concrete brain in an abstract world? You may be living with neurodiversity rather than opposition, stubbornness, defiance, disrespect, or lack of conscience. Once you have established therapeutic parenting in your home, it is time for advanced intervention skills to address functional brain behavior in neurodiverse children.

Ce Eshelman, LMFT



I cannot believe I waited so long to connect. For 6 years, my life has felt crazy!!! With the first 3 years being the most challenging. To the point where I didn't know how I was going to make it! Every single thing has been validated and I feel more prepared for the future.

~ This quote is from a Participant's evaluation from Ce Eshelman's November 18, 2020 training

**Ce Eshelman, LMFT**, is an Attachment and Trauma Specialist and adoptive mom with a private practice, **The Attach Place**, in Sacramento. She is the facilitator of **The Love Matters Parenting Society**, an online annual membership for becoming great therapeutic parents while thriving at the same time. [ce@attachplace.com](mailto:ce@attachplace.com)

