

# Summaries and Situational-Based Exploring

## IMPORTANT ELEMENTS OF COMMUNICATION FOR PARENTS



Facilitated by

**Jason Wilcox**  
LCSW

Register at:

<https://tinyurl.com/y4ab2yuu>

Questions? (530) 598-3905

**LIVE via ZOOM**

No charge to participants.

**Tuesday, January 19, 2021**

**5:00 - 6:15pm PST**

Summaries are the last communication technique we'll dive into from the four skills. Not used as often as the other skills, but still an important communication element to understand and have in your toolbelt. After we discuss summaries and practice them, we'll also talk about situational-base exploring as a parent, how to do it, and why it's significant.

**Jason Wilcox, LCSW**, co-author and developer of **Motivational Interviewing for Leadership: MI-Lead**. He is a national trainer and consultant for Motivational Parent, MI-Lead, Motivational Interviewing, and Motivational Enhancement Therapy. He is a dedicated husband and father of four amazing kids.

**Mark your calendar -- join us each Tuesday for a new topic!**



# Parenting for Resilience | January 2021

Register for these virtual classes at: <https://tinyurl.com/y4ab2yuu>

You can register for any of these classes with this above link.

Questions? (530) 598-3905

5:00–6:15PM PST

1/05

**Tuesday, January 5<sup>th</sup>**

Facilitated by  
Jason Wilcox, LCSW

**REFLECTION PRACTICES WITH CHILDREN TO DEAL WITH CHANGE, CONFLICT, AND ENGAGEMENT**

5:00–6:15PM PST

1/12

**Tuesday, January 12<sup>th</sup>**

Facilitated by  
Michelle Harris, MS, RD

**FUN WAYS TO INCLUDE CHILDREN IN PLANNING MEALS AND DEVELOPING A WHOLESOME PLATE!**

5:00–6:15PM PST

1/19

**Tuesday, January 19<sup>th</sup>**

Facilitated by  
Jason Wilcox, LCSW

**USING SUMMARIES AND SITUATIONAL-BASED EXPLORING – COMMUNICATION TECHNIQUES**

5:00–6:15PM PST

1/26

**Tuesday, January 26<sup>th</sup>**

Facilitated by  
Michelle Harris, MS, RD

**EATING THE RAINBOW**

**Thank you to the financial support of these partners  
for making these classes possible and free of cost to participants.**

