

✦ Mark your calendar -- join us each Tuesday for a new topic!

Reflection Practices with Children

...to deal with
Change, Conflict, and Engagement

Facilitated by

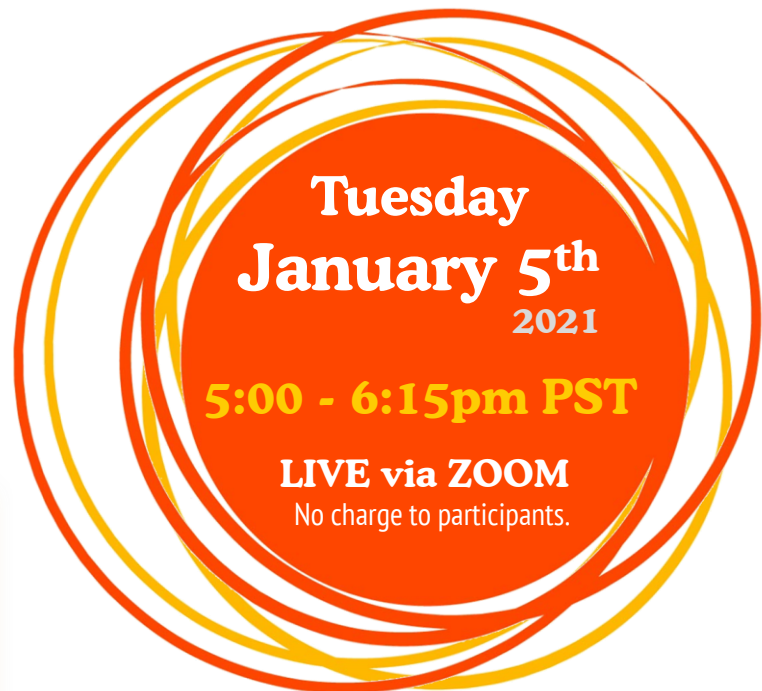
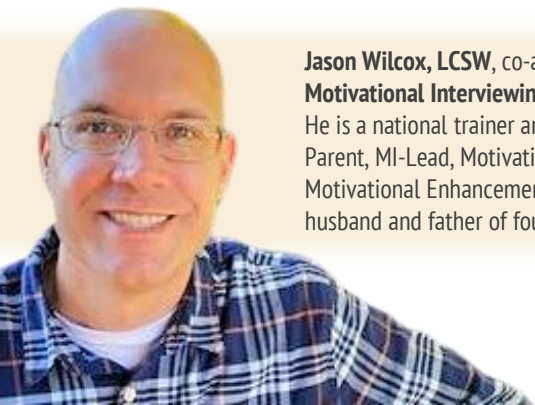
Jason Wilcox, LCSW

Reflective practice enriches relationships. Out of all the communication techniques we talk about, this is one of the most difficult, however, most rewarding once an individual has mastered them. They will make significant impacts when communicating with children around engaging, change, conflict, and partnering.

Register at: <https://tinyurl.com/y4ab2yuu>

Questions? (530) 598-3905

Jason Wilcox, LCSW, co-author and developer of **Motivational Interviewing for Leadership: MI-Lead**. He is a national trainer and consultant for Motivational Parent, MI-Lead, Motivational Interviewing, and Motivational Enhancement Therapy. He is a dedicated husband and father of four amazing kids.



Parenting for Resilience | January 2021

Register for these virtual classes at: <https://tinyurl.com/y4ab2yuu>

You can register for any of these classes with this above link.

Questions? (530) 598-3905

5:00–6:15PM PST

1/05

Tuesday, January 5th

Facilitated by
Jason Wilcox, LCSW

REFLECTION PRACTICES WITH CHILDREN TO DEAL WITH CHANGE, CONFLICT, AND ENGAGEMENT

5:00–6:15PM PST

1/12

Tuesday, January 12th

Facilitated by
Michelle Harris, MS, RD

FUN WAYS TO INCLUDE CHILDREN IN PLANNING MEALS AND DEVELOPING A WHOLESOME PLATE!

5:00–6:15PM PST

1/19

Tuesday, January 19th

Facilitated by
Jason Wilcox, LCSW

USING SUMMARIES AND SITUATIONAL-BASED EXPLORING – COMMUNICATION TECHNIQUES

5:00–6:15PM PST

1/26

Tuesday, January 26th

Facilitated by
Michelle Harris, MS, RD

EATING THE RAINBOW

**Thank you to the financial support of these partners
for making these classes possible and free of cost to participants.**

