

LIVE online classes through ZOOM  Every Thursday!

# Nurturing Parenting

WEEKLY CLASSES OPEN TO ALL PARENTS

WITH

SPECIAL EMPHASIS ON PARENTS IN RECOVERY

Facilitated by

**Toby Reusze**  
CAADC II

Thursdays | 6:00 -7:15pm (PST)

All are welcome at no cost ~

Register for class via ZOOM:

<https://tinyurl.com/y854otag>

Meeting ID: 864 4797 2971

Password: 560498

Join by phone:

1.669.900.6833 US

Meeting ID: 864 4797 2971

Password: 560498

Toby Reusze, Certified Advanced Alcohol & Drug Counselor (CAADC) II, specializes in alcohol and drug counseling with adolescents and adults and their families. In these classes, parents will learn practical skills in dealing with stress, anger, and challenging behavior – and get support in dealing with addiction issues. They will also learn how to enhance their capacity to nurture themselves and their children, strategies to strengthen recovery, and ideas to help their children succeed.

Questions? Please call the HUB Community Family Resource Center at 530.459.3981

