

# Raising Emotionally Healthy Children

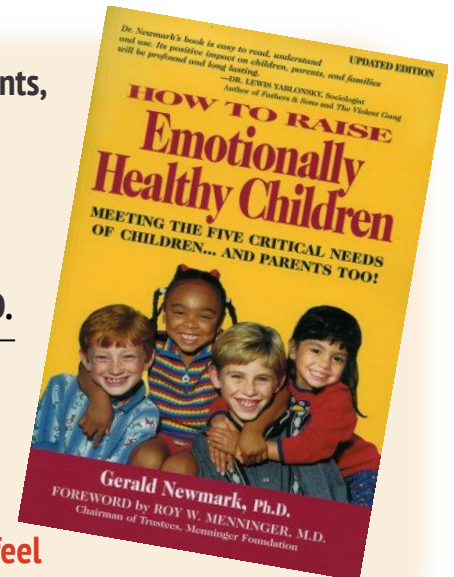
Facilitated by ~

**Cathy Connolly Scott**

Cathy Scott is an experienced and passionate early childhood professional with 30 years experience working as a Head Start teacher. She is currently the Local Child Care Planning Council Coordinator and a Mentor/Coach for the Quality Counts Siskiyou QRIS program.

This unique free program for parents, educators, and caregivers is a fun and educational discussion based on the book "How to Raise Emotionally Healthy Children ..."  
by Gerald Newmark, Ph.D.

Cathy will provide information about how to nourish emotional health at home and at school and satisfy the critical emotional needs that all children have--- to feel respected, important, accepted, included and secure.



**Location: Kahtishraam Wellness Center, 1403 Kahtishraam, Yreka**  
**Lunch and child care are provided!**

**To register, and for more information, please call 842-5238.**

