

Enjoy dinner and learning at...

# Nurturing Parenting

WEEKLY CLASSES OPEN TO ALL PARENTS WITH SPECIAL EMPHASIS ON PARENTS IN RECOVERY

PRESENTED by TOBY REUSZE, CAADC II

Open Enrollment  
~ Ongoing Classes ~

THURSDAYS  
5:00 - 7:00pm

Dinner and child  
care are provided!

Learn practical skills in dealing with stress, anger, & challenging behavior – get support in dealing with addiction issues.

Visit or call the HUB CFRC at 459-3481 to register & for more information.

Toby Reusze, Certified Advanced Alcohol & Drug Counselor (CAADC) II, specializes in alcohol and drug counseling with adolescents and adults and their families. In these classes, parents will learn how to enhance their capacity to nurture themselves and their children, strategies to strengthen recovery, and ideas to help their children succeed.

Location: HUB Community Family Resource Center, 310 South 13<sup>th</sup> Street, Montague

